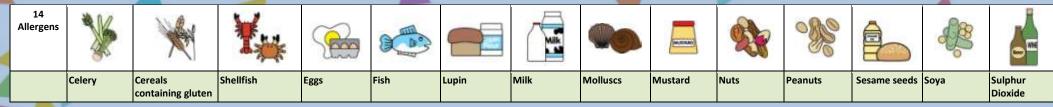


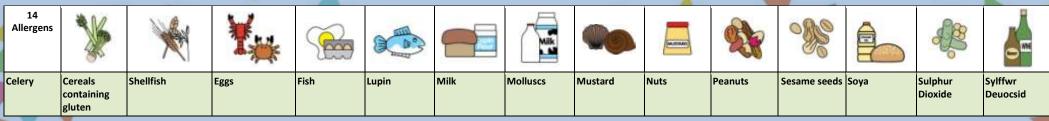
		Food Waring Dating F	1
-	Monday	Food Hygiene Rating 5	
V		0 0 2 3 6 5	
		Menu – Food and their Allergen content	
A	Breakfast :		-
	Vegetarians :		-
	vegetarians.		
-	Lunch:	Cold meats or Mushroom, peppers and onion pasta with tomato and basil sauce(Contains durum wheat)	
		Selection of Salads (List of allergens at salad bar)	
		Chipped potatoes (Oil contains soya) 4 or	
		Baked Jacket potatoes with cheese (Contains milk)	٩
		Bakeu Jacket potatoes with theese (contains milk)	
	Vegetarians:		1
-		Mushroom, Peppers and onion pasta with tomato and basil sauce(Contains durum wheat)	ı
	Dessert :	Village Dairy Low Fat Pro Biotic Yoghurt (Contains milk)	
	Light Tea:	Children's Light Tea: Crisps (Contains gluten milk mustard and soya)	1
	_	Critic Contains milk gluten wilk mustard and soya) William Biscuits (Contains milk gluten) (May contain sesame and soya) Critics (Contains milk gluten)	
		Adults Choice: Welsh Traditional Tea Home-made Bara brith (Contains gluten wheat eggs milk sulphur dioxide) 🔭 🛅 🧯 (May contain nuts and sesame seeds) 🦠 🏪	
		Welsh Cakes (Contains wheat gluten eggs milk) White* / Wholemeal Bread (Contains wheat barley) (May contain sesame)	
		The state of the s	
		Welsh Butter Portions (Contains milk) Welsh Mature Cheese (Contains milk) Welsh Strawberry Jam (May contain nuts) Tea or Coffee	1
	Supper:	Homemade 'Spaghetti Bolognese' Welsh Beef (Spaghetti contains durum wheat)) Parmesan (Contains Milk) 📑	
		Fish cake (Contains white fish wheat gluten) Spaghetti in tomato sauce (Contains Wheat)	
		New potatoes Selection of Salads (List of allergens at salad bar)	
	Vegetarians:	Home-made Spaghetti Bolognese' (Quorn) (Contains gluten barley milk eggs) 🔭 🎏 (May contain milk, wheat) 📑 **Spaghetti (Contains durum wheat) **	The same of
Ā		Home-made Spaghetti Bolognese' (Vegemince) (Contains gluten barley soya) Spaghetti (Contains durum wheat)	4
	Dessert:	G#4	
		Ice-cream (Contains milk)	



Tuesday	Food Hygiene Rating – 5
	Menu – Food and their Allergen content
	FOOD HYGENE RATING
	0 0 2 3 4 6
	VERY GOOD
Breakfast :	VL M
	Cornflakes (barley) Cocopops(barley) Ricekrispies(barley) Weetabix (wheat and barley) Nome-made Muesli (Contains wheat and sulphur dioxide) May contain barley
	Grapefruit
	Back bacon, Tomatoes and mushrooms
	W. A
	Selection of rolls (Contains gluten) 🦎 (May contain sesame) 🕮 Butter / Flora (Contains milk) 📴 Jam and Marmalade Tea and coffee
Vegetarians :	Roll (Contains gluten) (May contain sesame) Leese (Contains milk) baked with leeks tomato and mushrooms
Lunch:	\L_A
Lunch:	Welsh Pork Meatballs (Contains gluten and sulphur dioxide) N 🗐 (May contain soya) W Toamato and basil sauce
	E W
	Or Home- made Pizza (Contains wheat gluten milk) N 🗎
	Spicy spirals
	Selection of Salads (List of allergens at salad bar)
Vegetarians:	Home – made Pizza (Contains wheat gluten milk)
Dessert :	Chocolate sponge (Contains gluten eggs milk) White sauce (Contains milk)
	Chocolate sporige (Contains gluten eggs milk) Willie Sauce (Contains milk)
Light Tea:	
Ligiit rea.	Toasted Tea cake (Contains gluten) (May contain sesame) Jam, Fresh fruit, Orange drink Tea and Coffee
Cupport	Todasteu Tea Cake (Contains giuten) (May contain sesame) — Jain, Flesh Huit, Ordinge urink Tea and Contee
Supper:	Hot Dog - Baked Welsh Pork sausage (Contains gluten soya sulphur dioxide)
	WL -
	Or Home made Bacon leeks and mushroom pie (Contains wheat gluten milk) 🔻 📑
	Sweet corn , Wedges (Oil conrtains soya) 🥮
	Selection of Salads (List of allergens at salad bar)
Vegetarians:	W. A. W. A.
-8	Vegetable sausage (Contains gluten soya) 🐧 🥮 (May contain sesame) Eoli (Contains wheat gluten) 🐧 (May contain sesame Eolions
Dessert:	
	Jelly ad cream (Contains milk)

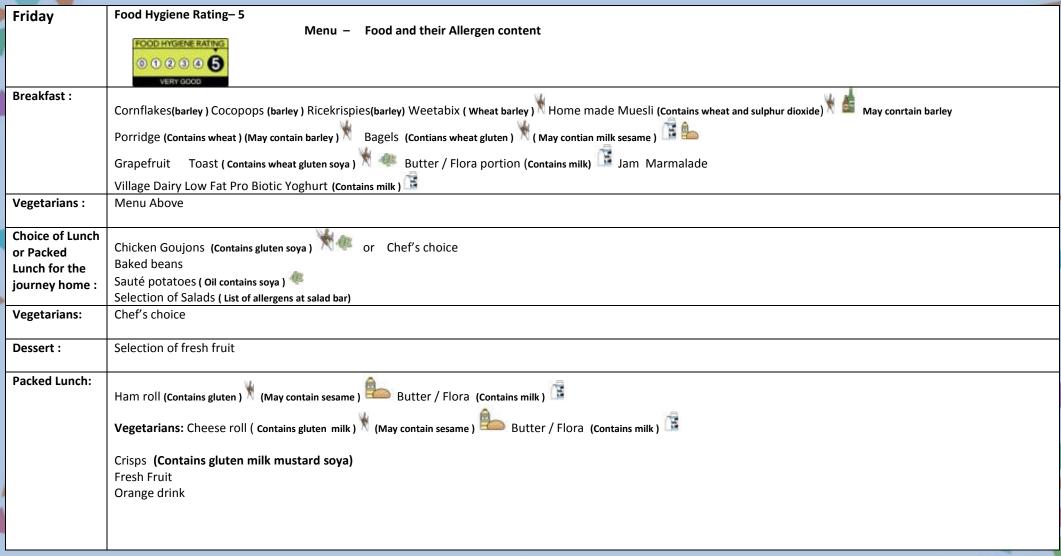
14 Allergens	**	W	大学				Milk	Q	(MATERIAL)	1	· 100		01
	•	Cereals containing gluten		Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Sulphur Dioxide

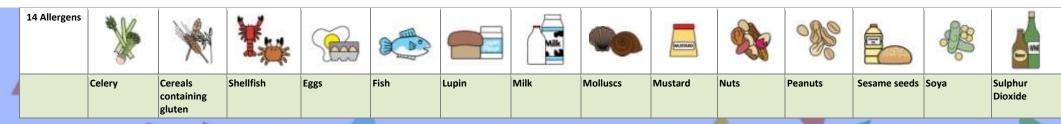
1		
	Wednesday	Food Hygiene Rating—5 Menu — Food and their Allergen content TOOD HYGENE RATING 1 2 3 4 6
	Breakfast :	Cornflakes(barley) Cocopops (barley) Ricekrispies(barley) Weetabix (Wheat barley) Home made Muesli (Contains wheat and sulphur dioxide) May conrtain barley Porridge (Contains wheat) (May contain barley) Bagels (Contians wheat gluten) (May contian milk sesame)
		Grapefruit Toast (Contains wheat gluten soya) We Butter / Flora portion (Contains milk) I Jam Marmalade Village Dairy Low Fat Pro Biotic Yoghurt (Contains milk)
<	Vegetarians:	Menu above
	Lunch:	Lasagne (Contains gluten wheat milk) or Sausage roll (Contains wheat) Baked beans Choice of vegetables Garlic bread (Contains gluten milk) Sliced potatoes(Contains Soya) Selection of Salads (List of allergens at salad bar)
	Vegetarians: Dessert:	Vegetable Lasagne (Contains gluten wheat milk) (See See Contains Milk) (See See See See See See See See See Se
	Light Tea:	Doughnuts (Contains gluten egg soya) (May contain traces of milk and nuts) Orange drink Tea and Coffee
	Supper:	Wraps (Contains gluten) with - Chicken Tikka (Made in factory handling nuts and peanuts) Mint and yoghurt dressing (Contains gluten milk mustard) (Made in factory handling nuts) Or Jacket potatoes, Cheese(Contains milk) and baked beans
		Diced potatoes (May contain celery gluten milk and sulphur dioxide) ** ** (Oil contains soya) ** Selection of Salads (List of allergens at salad bar)
	Vegetarians:	Vegetable Wraps (Contains gluten) Mint and yoghurt dressing (Contains gluten milk mustard) Mint and yoghurt dressing (Contains gluten milk mustard)
	Dessert:	Fruit crumble (Contains wheat gluten) Custard (Contains milk)



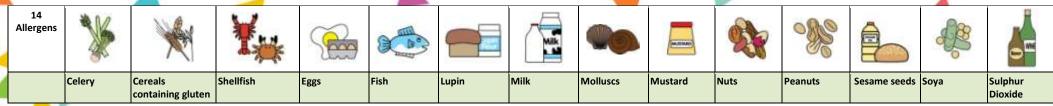
Thursday	Food Hygiene Rating – 5 FOOD HYGENE RATING O 1 2 3 9 5 VERY GOOD Menu — Food and their Allergen content	
Breakfast :	Cornflakes(barley) Cocopops(barley) Ricekrispies(barley) Weetabix (wheat and barley) Homemade Muesli (Contains wheat and sulphur dioxide) May contain barley Grapefruit Scrambled eggs (Contains egg milk) Baked beans mushrooms and tomatoes Toast (Contains wheat gluten soya) Butter / Flora portion (Contains milk) Jam Marmalade	
Vegetarians :	Menu above	4
Lunch:	Chicken curry (Contains milk celery wheat) Garlic and Coriander Naan (Contains wheat soya milk eggs) (May contain traces odf sesame) Sambals - Cucumber Tomatoes Peppers Spring onions and fresh Mint Mixed white and brown rice Or Cold Turkey, Baguettes (Contains cereals containing gluten) (May contain milk lupin sesame soya) with a choice of fillings from salad bar (List of allergens at salad bar)	
Vegetarians:	Selection of Salads (List of allergens at salad bar) Vegetable Balti curry	_
Dessert :	Iced sponge (Contains wheat gluten eggs soya)	9
Light Tea:	Chef's choice Orange drink Tea or Coffee	
Supper:	Welsh Beef burger (Contains gluten soya and sulphur dioxide) Roll (Contains wheat gluten) (May contain sesame) Onions Or Fish (Contains wheat gluten cod)) Lemon Tartar sauce (Contains egg mustard) Peas, Selection of Salads (List of allergens at salad bar) Chipped potatoes (Oil contains soya)	
Vegetarians:	Vegetable Burger (Contains cereals milk mustard) The Roll (Contains wheat gluten) (May contain sesame) Contons (Oil contains Soya)	
Dessert:	Artic roll (Contains gluten egg milk soya)	



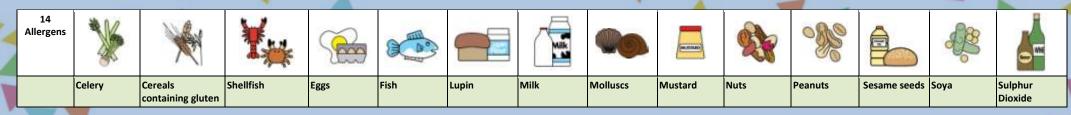




Friday	Food Hygiene Rating- 5
Tilday	FOOD HYGENE RATING
	0 1 2 3 6 6
	WERY GOOD Menu – Food and their Allergen content
Supper:	Chicken curry (Contains milk celery wheat)
	Garlic and Coriander Naan (Contains wheat soya milk) (May contain traces of sesame) Mango chutney
	Sambals - Cucumber Tomatoes Peppers Spring onions and fresh Mint Mixed white and brown rice
	Or Fresh Ham with pineapple
	Mixed vegetables
	Selection of Salads (List of allergens at salad bar)
	Chipped potatoes (Oil contains soya)
Vegetarians:	Vegetable Balti Curry
Dessert :	Ice-cream (Contains milk)



Saturday	Food Hygiene Rating – 5 Menu – Food and their Allergen content FOOD HYGENE RATING O O O O O O O O O O O O O O O O O O O
Breakfast :	Cornflakes (barley) Cocopops(barley) Ricekrispies(barley))Weetabix (wheat and barley) Home-made Muesli (Contains wheat and sulphur dioxide) May contain barley Grapefruit Back bacon, Tomatoes and mushrooms Selection of rolls (Contains gluten) (May contain sesame) Butter / Flora (Contains milk) Jam and Marmalade Tea and coffee
Vegetarians :	Roll (Contains gluten) (May contain sesame) Cheese (Contains milk) abked with leeks tomato and mushrooms
Lunch:	Homemade 'Spaghetti Bolognese' Welsh Beef (Spaghetti contains durum wheat)) Parmesan (Contains Milk) or Sausage roll (Contains wheat) (May contain traces of celery milk soya) (Oil contains soya) Selection of Salads (List of allergens at salad bar)
Vegetarians:	Vegetable Wraps (Contains gluten) Mint and yoghurt dressing (Contains gluten milk mustard) 1 (Made in factory handling nuts)
Dessert :	Fruit crumble (Contains gluten milk) ** Custard (Contains milk)
Light Tea:	Children's Light Tea: Crisps (Contains gluten milk mustard and soya) Biscuits (Contains milk gluten) (May contain sesame and soya) Contains milk gluten of the Contains mi
Supper:	Hot Dog - Baked Welsh Pork sausage (Contains gluten soya sulphur dioxide) Roll (Contains wheat and gluten) (May contain sesame) Onions (Oil contains Soya) Adults choice: Fish (Contains Cod gluten mustard) Sweet corn, Wedges (Oil contains soya) Selection of Salads (List of allergens at salad bar)
Vegetarians:	Vegetable sausage (Contains gluten soya (May contain sesame) Roll (Contains wheat gluten) (May contain sesame) Onions
Dessert:	Tregroes fruit bar (Contains egg soya milk)



Sunday	Food Hygiene Rating- 5 Menu - Food and their Allergen content
	© ① ② ③ ⑥ ⑤
Breakfast:	Cornflakes(barley) Cocopops (barley) Ricekrispies(barley) Weetabix (Wheat barley) Home made Muesli (Contains wheat and sulphur dioxide) May conrtain barley
	Porridge (Contains wheat) (May contain barley) Bagels (Contians wheat gluten) (May contain milk sesame)
	Grapefruit Toast (Contains wheat gluten soya) Wes Butter / Flora portion (Contains milk) Is Jam Marmalade
	Village Dairy Low Fat Pro Biotic Yoghurt (Contains milk)
Lunch:	Welsh Beef in gravy (Contains wheat and barley) or Cold Beef
	Yorkshire pudding (Contains wheat eggs milk)
	Radish sauce (Contains mustard eggs milk)
	Fresh carrots, Peas, Roast potatoes (Oil contains soya) Mashed potatoes (Contains milk)
	Gravy (Contains wheat and barley)
Vegetarians	Cheese pasties (Contains gluten wheat milk) (May contain celery and soya)
	Vegetable gravy (Contains wheat and barley)
Dessert:	Fresh fruit salad - Cream (Contains milk)