

# CANLLAWIAU DAWNSIO CREADIGOL A CHYFANSODDIAD CREADIGOL (CYMYSG)

## 1. Strwythur – dechrau, canol, diwedd (10%)

### 2. Gofod (10%)

Defnydd o ofod personol a chyffredinol a defnydd o lefelau, cyfeiriadau, llwybrau.....  
Ymwybyddiaeth gofod

### 3. Ansawdd y symud (10%)

- Dynameg – tempos cyflym ac araf / cyflymdra gwahanol ar gyfer gwahanol llwybrau
- Mynegiant – symudiad yn dod o'r tu fewn i'r tu allan
- Cerddoroldeb

### 4. Dehongliad o'r thema (25%)

Sut mae'r thema yn cael ei throsglwyddo i symudiad, dewis o gyfeilant a gwisg.

### 5. Perthnasau (10%)

Cyfathrebu rhwng perfformiad, cynulleidfa, cyd-berfformwyr a chyfeilant.

### 6. Perfformiad (25%)

Hyder, symudiadau clir (neu eglurder y symudiadau), cywirdeb, presenoldeb, ffocws ac ymestyniad.

### 7. Coreograffeg (10%)

Undod / canon / ail adrodd /ABC - ABAC.../ retrogradd / datblygu motif / cyferbyniad ac amrywiaeth / patrymau llawr / cysylltu â chodi syml a diogel.

## CREATIVE DANCING AND CREATIVE COMPOSITION (MIXTURE) GUIDELINES

### 1. The structure – beginning, middle, end (10%)

### 2. Space (10%)

Use of personal space and general space / use of levels, directions, paths.....  
Spatial awareness.

### 3. Quality of movement (10%)

Dynamic - Slow and fast tempos / different speeds for different pathways

Expression – movement coming from internal to external

Musicality

### 4. Interpretation of theme (25%)

How the theme is translated into movement ideas / choice of accompaniment and costume.

### 5. Relationships (10%)

Communication between performance, audience, fellow performers and accompaniment.

### 6. Performance (25%)

Confidence, clarity of movement, Accuracy, presence, focus and projection.

### 7. Choreography (10%)

Unison / canon / repetition / ABC – ABAC.../ retrograde / motif development / contrast and variation / floor patterns / simple and safe contacts and lifts.

# CANLLAWIAU DAWNSIO HIP HOP / STRYD / DISGO

## 1. Strwythur – dechrau, canol, diwedd (10%)

### 2. Gofod (10%)

Defnydd o ofod personol a chyffredinol a defnydd o lefelau, cyfeiriadau, llwybrau.....  
Ymwybyddiaeth gofod

### 3. Ansawdd y symudiad (10%)

- Dymaeg – tempos cyflym ac araf / cyflymdra gwahanol ar gyfer gwahanol lwybrau.
- Mynegiant – symudiad yn dod o'r tu fewn i'r tu allan
- Cerddoroldeb

## 4. Gwreiddioldeb (20%)

### 5. Perthnasau (10%)

Cyfathrebu rhwng perfformiad, cynulleidfa, cyd-berfformwyr a chyfeiliant

### 6. Perfformiad (30%)

Hyder, symudiadau clir (neu eglurder y symudiadau), cywirdeb, presenoldeb, ffocws ac ymestynaif, agwedd, egni.

### 7. Coreograffeg (10%)

Undod / canon / ail adrodd / ABC – ABAC... / retrogradd / datblygu motif / cyferbyniad ac amrywiaeth / patrymau llawr / cysylltu a chodi syml a diogel.

## HIP HOP / STREET / DISCO DANCING GUIDELINES

### 1. The Structure – beginning, middle, end (10%)

### 2. Space (10%)

Use of personal space and general space / use of levels, directions, paths .....  
Spatial awareness.

### 3. Quality of movement (10%)

- Dynamic – Slow and fast tempos / different speeds for different pathways.
- Expression – movement coming from internal to external
- Musicality

### 4. Originality (20%)

### 5. Relationships (10%)

Communication between performance, audience, fellow performers and accompaniment

### 6. Performance (30%)

Confidence, clarity of movement, accuracy, presence, focus and projection, attitude, energy.

### 7. Choreography (10%)

Unison / canon / repetition / ABC – ABAC... / retrograde / motif development / contrast and variation / floor patterns / simple and safe contacts and lifts.