

	Dan/Under 13	Dan/Under 15	Dan/Under 18	Merched/Girls Plat
			Dan 18 Plât	Merched/Girls 18
	Y1	Y2	C5	C6
10:00	Coleg Gwent BGLZ Pembrokeshire College	Bro Dinefwr Coleg Gwent Cross Keys	Garth Olwg Cardiff & Vale College A	
10:20	Bassaleg NPT College	Dyffryn Taf Newport High A	Bryn Tawe Preseli	Bro Morgannwg Cowbridge
10:40	1X 2X	3X 4X	1Y 2Y	3Y 4Y
11:00		Cardiff & Vale College B Bro Dinefwr	Pembrokeshire College Dyffryn Taf	
11:20	Coleg Sir Gar A Bassaleg	Coleg Gwent Cross Keys Stanwell	Cardiff & Vale College A Bryn Tawe	Gwyr Bro Morgannwg
11:40	1X 5X	2X 3X	1Y 5Y	2Y 3Y
12:00	NPT College Ysgol Gyfun Emlyn		Coleg Gwent BGLZ Dyffryn Taf	Cowbridge Coleg Sir Gar B
12:20		Bro Dinefwr Stanwell	Garth Olwg Bryn Tawe	
12:40	4X 5X	1X 3X	4Y 5Y	1Y 3Y
13:00	Coleg Sir Gar A Ysgol Gyfun Emlyn	Coleg Gwent Cross Keys Cardiff & Vale College B		Gwyr Coleg Sir Gar B
13:20		Newport High A Coleg Gwent BGLZ	Preseli Garth Olwg	
13:40	2X 5X	4X 1X	2Y 5Y	4Y 1Y
14:00	Coleg Sir Gar A NPT College	Pembrokeshire College Newport High A	Cardiff & Vale College A Preseli	Gwyr Cowbridge
14:20	Bassaleg Ysgol Gyfun Emlyn	Stanwell Cardiff & Vale College B		Bro Morgannwg Coleg Sir Gar B
14:40	2X 4X	3X 5X	2Y 4Y	3Y 5Y

15:00	4 Grwp B 3 Grwp C	3 Grwp A 4 Grwp D	3 Grwp B 4 Grwp C	3 Grwp D 4 Grwp A
15:20	Enillwyr A Ail Orau D	Enillwyr B Ail Orau C	Enillwyr C Ail Orau B	Enillwyr D Ail Orau A
15:40	Enillwyr X Ail Orau Y	Enillwyr X Ail Orau Y	Enillwyr X Ail Orau Y	Enillwyr Y Ail Orau X
16:00				
16:20				
16:40				
17:00				
17:20				
17:30				
17:40				
17:50				
18:00				
18:20				