

Urdd WRU National 7-a-side Rugby Rules

General Instructions and Rules of the Competition

- *On arrival, teams must register in the zone that they are competing.*
- *To ensure the smooth running of the competition, the captains will be required to report to the Tournament Marshall ten minutes before their kick-off time. They will meet the Referee and toss-up so that all games will start promptly.*
- *Games will be played under Welsh Rugby Union Laws.*
- *The competition will be conducted entirely under the control of the Urdd and WRU whose decision will be final.*
- *Each squad will consist of 12 (7 players with up to 5 replacements)*
- *Boys/Girls eligible to play are those who have attended their school during the whole of the rugby season, but must be under 18, under 15, under 14, under 13 and under 12 on the 01 September at the beginning of the School year*
- *Each game shall be played 7 minutes each way. If at the end of a game, the scores are equal, ends shall be changed and play shall continue until one-side scores.
(For league match rules, see below)*
- *The interval at half shall not exceed one minute. There will be no interval in the event of extra time being played*
- *In case of injury during a game a player may be replaced. The injured person may on recovery, take part in future rounds*
- *All teams are expected to provide their own touch judges, except for semi-finals and Finals*
- *Details of all matches to be played and results to date will be displayed at each zone (registration centre)*
- *Teams are asked to provide an alternative jersey in case of a clash of colours and if this is the case the first named team should change*
- *Winner and Runner-up in each group qualify for Knockout stages.
(Under 18 Level only – Remainder will qualify for the new Plate Competition).*
- *Teams should be at pitch side 5 minutes prior to kick-off time.*



Rules for League Matches

Games will be played on a League basis with the winning side gaining 3 points, 1 point being awarded to each side in a draw.

In the event of teams gaining the same number of points, the winners will be determined by (1) the highest number of points scored (2) The lowest points against (3) Highest number of tries (4) If still a draw, a first to score playoff game will take place (golden try).