

Creative dancing and Multi Disciplinary Dance guidelines

1. **The structure** – beginning, middle, end (10marks)
2. **Space** (10 marks)
Use of personal space and general space/use of levels, directions, paths
Spatial awareness
3. **Quality of movement** (10 marks)
 - *Dynamic - Slow and fast tempos/different speeds for different pathways*
 - *Expression – movement coming from internal to external*
 - *Musicality*
4. **Interpretation of theme** (25 marks)
How the theme is translated into movement ideas/choice of accompaniment and costume
5. **Relationships** (10 marks)
Communication between performance, audience, fellow performers and accompaniment
6. **Performance** (25 marks)
Confidence, clarity of movement. Accuracy, presence, focus and projection.
7. **Choreography** (10 marks)
Unison/ canon/repetition/ABA – ABAC..../retrograde/ motif development/ contrast and variation/ floor patterns/ simple and safe contacts and lifts.

Canllawiau dawnsio creadigol ac Am- Gyfrwng

1. **Strwythur** - dechrau, canol, diwedd (10 marc)
2. **Gofod** (10 marc)
Defnydd o ofod personol a chyffredinol a defnydd o lefelau, cyfeiriadau, llwybrau.....
Ymwybyddiaeth gofodol
3. **Ansawdd y symud** (10 marc)
 - *Dynameg – tempos cyflym ac araf/ cyflymdra gwahanol ar gyfer gwahanol lwybrau*
 - *Mynegiant – symudiad yn dod o'r tu fewn i'r tu allan*
 - *Cerddoroldeb*
4. **Dehongliad o'r thema** (25 marc)
Sut mae'r thema yn cael ei throsglwyddo i symudiad, dewis o gyfeiliant a gwisg.
5. **Perthnasau** (10 marc)
Cyfathrebu rhwng perfformiad,gynulleidfa, cyd - berfformwyr a chyfeiliant
6. **Perfformiad** (25 marc)
Hyder, symudiadau clir (neu eglurder y symudiadau), cywirdeb, presenoldeb, ffocws a ymestyniad.
7. **Coreograffeg.** (10 marc)
Undod/ canon/ ail adrodd/ ABA – ABAC..../retrogradd/ datblygu motiff/ cyferbyniad ac amrywiaeth/ patrymau llawr/ cysylltu a chodi syml a diogel.

Hip Hop/ Street/ Disco dancing guidelines

No gymnastic movements except splits.

1. **The structure** – beginning, middle, end (10marks)
2. **Space** (10 marks)
Use of personal space and general space/use of levels, directions, paths
Spatial awareness
3. **Quality of movement** (10 marks)
 - *Dynamic - Slow and fast tempos/different speeds for different pathways*
 - *Expression – movement coming from internal to external*
 - *Musicality*
4. **Originality** (20 marks)
5. **Relationships** (10 marks)
Communication between performance, audience, fellow performers and accompaniment
6. **Performance** (30 marks)
Confidence, clarity of movement. Accuracy, presence, focus and projection, attitude, energy.
7. **Choreography** (10 marks)
Unison/ canon/repetition/ABA – ABAC..../retrograde/ motif development/ contrast and variation/ floor patterns/ simple and safe contacts and lifts.

Canllawiau dawnio hip hop/ stryd/ disgo

*Ni chaniateir symudiadau **gymnasteg** ag eithro splits.*

1. **Strwythur** - dechrau, canol, diwedd (10 marc)
2. **Gofod** (10 marc)
*Defnydd o ofod personol a chyffredinol a defnydd o lefelau, cyfeiriadau, llwybrau.....
ymwybyddiaeth gofodol*
- 3.. **Ansawdd y symudiad** (10 marc)
 - *Dynameg – tempos cyflym ac araf/ cyflymdra gwahanol ar gyfer gwahanol lwybrau*
 - *Mynegiant – symudiad yn dod o'r tu fewn i'r tu allan*
 - *Cerddoroldeb*
4. **Gwreiddioldeb** (20 marc)
5. **Perthnasau** (10 marc)
Cyfathrebu rhwng perfformiad,cynulleidfa, cyd - berfformwyr a chyfeiliant
6. **Perfformiad** (30 marc)
Hyder, symudiadau clir(neu eglurder y symudiadau), cywirdeb, presenoldeb, ffocws a ymestyniad, agwedd, egni.
7. **Coreograffeg.** (10 marc)
Undod/ canon/ ail adrodd/ ABA – ABAC.../retrogradd/ datblygu motiff/ cyferbyniad ac amrywiaeth/ patrymau llawr/ cysylltu a chodi syml a diogel.