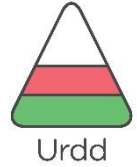


## CANLLAWIAU DAWNSIO CREADIGOL AC AML GYFRWNG



1. **Strwythur** - dechrau, canol, diwedd (10%)
2. **Gofod** (10%)  
*Defnydd o ofod personol a chyffredinol a defnydd o lefelau, cyfeiriadau, llwybrau.....*  
*Ymwybyddiaeth gofodol*
3. **Ansawdd y symud** (10%)
  - *Dynameg – tempos cyflym ac araf / cyflymdra gwahanol ar gyfer gwahanol llwybrau*
  - *Mynegiant – symudiad yn dod o'r tu fewn i'r tu allan*
  - *Cerddoroldeb*
4. **Dehongliad o'r thema** (25%)  
*Sut mae'r thema yn cael ei throsglwyddo i symudiad, dewis o gyfeiliant a gwisg.*
5. **Perthnasau** (10%)  
*Cyfathrebu rhwng perfformiad, gynulleidfa, cyd - berfformwyr a chyfeiliant*
6. **Perfformiad** (25%)  
*Hyder, symudiadau clir (neu eglurder y symudiadau), cywirdeb, presenoldeb, ffocws a ymestyniad.*
7. **Coreograffeg.** (10%)  
*Undod/ canon/ ail adrodd/ ABA – ABAC.../retrogradd/ datblygu motiff/ cyferbyniad ac amrywiaeth/ patrymau llawr/ cysylltu a chodi syml a diogel.*

## GUILDELINES FOR CREATIVE DANCING / DIFFERNET GENDER

1. **The structure** – beginning, middle, end (10%)
2. **Space** (10%)  
*Use of personal space and general space/use of levels, directions, paths .....*  
*Spatial awareness*
3. **Quality of movement** (10%)
  - *Dynamic - Slow and fast tempos/different speeds for different pathways*
  - *Expression – movement coming from internal to external*
  - *Musicality*
4. **Interpretation of theme** (25%)  
*How the theme is translated into movement ideas/choice of accompaniment and costume*
5. **Relationships** (10%)  
*Communication between performance, audience, fellow performers and accompaniment*
6. **Performance** (25%)  
*Confidence, clarity of movement. Accuracy, presence, focus and projection.*
7. **Choreography** (10%)  
*Unison/ canon/repetition/ABA – ABAC.../retrograde/ motif development/ contrast and variation/ floor patterns/ simple and safe contacts and lifts.*