

## **General Rules for DISCO/HIP HOP/STREET DANCING (or combination)**

- 1.** The General Rules in the front of the Syllabus are also relevant to this section.
- 2.** The performance will be timed from the first movement.
- 3.** The use of any instrumental music or vocal music in Welsh is permitted. When a group uses pre-recorded music or plays live any music that has been commercially published, it is the responsibility of that group to ensure copyright clearance.
- 4.** The dancers should wear **simple, decent and suitable clothes** for the dance and age group.
- 5.** Every movement must be within the context of the chosen dance genre/style and the choreography should concentrate on the dance steps.
- 6.** A CD player will be provided
- 7. Safety:** It is essential that the tuition the dancers receive considers aspects of health and safety rules. Performers must ensure that they warm up before performing and cool down at the end of the performance.