

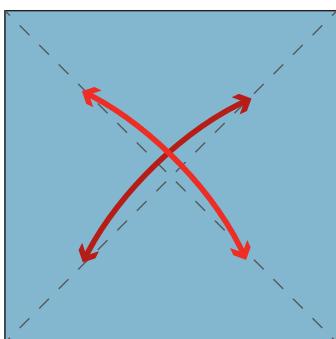
# CREFFT! Cip

Gan fod Cymru wedi bod i Siapan eleni ar gyfer Cwpan Rygbi'r Byd, beth am gael ysbrydoliaeth o'n ffrindiau a chreu creftau Origami. Origami yw'r grefft o blygu papur a chreu siapau gwahanol ar gyfer celf. Rydyn ni yn mynd i greu carden Nadolig pengwin Origami:

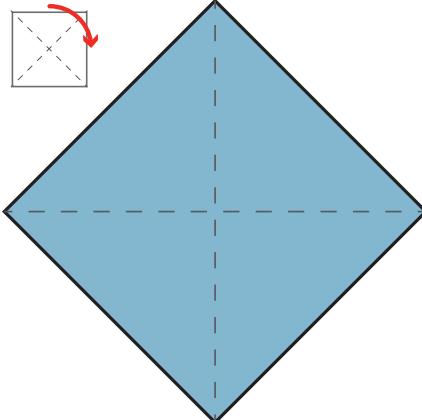
## Mae angen:

- Darn o bapur sgwâr tua 15cm x 15cm o bapur glas, llwyd neu du.
- Darn bach o bapur melyn/aur ar gyfer y pîg, darnau cylch o bapur ar gyfer bochau a darn o bapur gwyn ar gyfer blaen y pengwin.
- Glud, siswrn a beiro du.

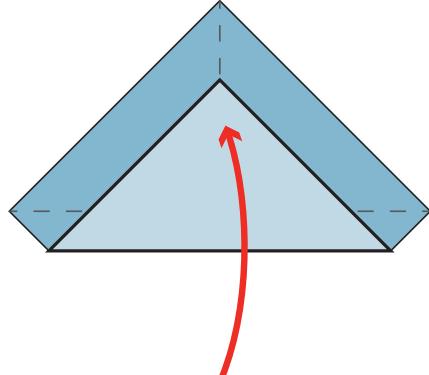
1. Plygwch y papur yn ei hanner dwy ffordd fel hyn yn gyntaf i greu 'seam'



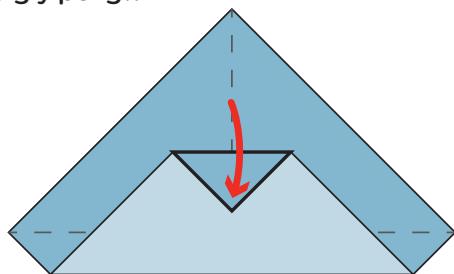
2. Trowch e o gwmpas i wynebu fel hyn



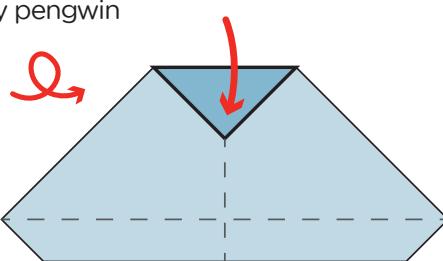
3. Plygwch yr hanner gwaelod nes ei fod bwlch tua 1.5 cm ar y top



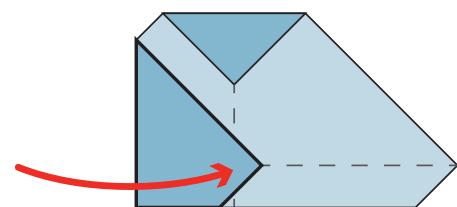
4. Plygwch ddarn bach o'r top i greu pîg y pengwin



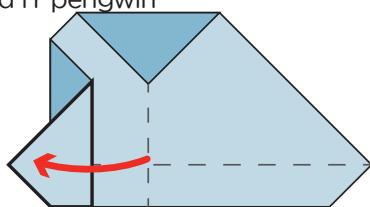
5. Trowch y papur drosodd a plygwch darn bach o'r top i greu pen y pengwin



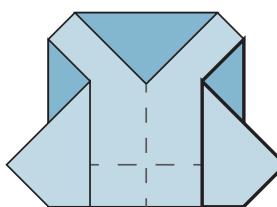
6. Plygwch un ochr tua hanner ffordd i fewn...



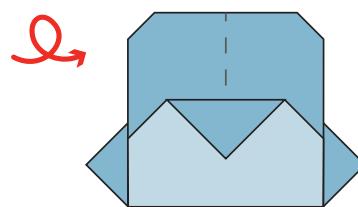
7. ...ac yna plygwch am yn ôl tan fod yr ochr yn ymddangos i greu adenydd i'r pengwin



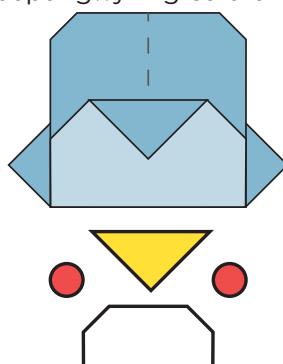
8. Ail-adroddwch gamau 6 a 7 ar yr ochr arall



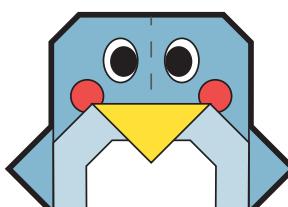
9. Trowch y pengwin i'r blaen eto. Amser addurno!



10. Torrwch driongl melyn am y pîg, cylchoedd pinc/coch i greu bochau, a darn o bapur gwyn i greu bron wen



11. Gludwch y darnau rydych newydd eu torri ar y pengwin, a defnyddiwch feiro du i greu llygaid.



12. Ewch ati i roi neges o Nadolig Llawen ar y cefn. Bydd y pengwin yn garden Nadolig greadigol da i'w rhoi i rywun arbennig

