



## **IZB Rules and Regulations**

BWB – [membership@britishwheelchairbasketball.co.uk](mailto:membership@britishwheelchairbasketball.co.uk)

BWB Referee Appointments Officer – [officials@britishwheelchairbasketball.co.uk](mailto:officials@britishwheelchairbasketball.co.uk)

Safeguarding – [safeguarding@britishwheelchairbasketball.co.uk](mailto:safeguarding@britishwheelchairbasketball.co.uk)

Complaints and Disciplinary – [membership@britishwheelchairbasketball.co.uk](mailto:membership@britishwheelchairbasketball.co.uk)

### **Section 1. Affiliation & Registration**

- 1.1 All schools / Colleges wishing to enter teams into the IZB competition must complete the *Blank IZB Team Sheet* and return it to [membership@britishwheelchairbasketball.co.uk](mailto:membership@britishwheelchairbasketball.co.uk) no later than 14 days prior to the Regional Final the School in question is entering. Entries received after this date will be accepted at BWB's discretion.

### **Section 2. Team Criteria**

- 2.1 All teams must have a minimum of 5 players and maximum of 10 in a squad.
- 2.2 To compete in the 2019-20 IZB competition, players must be aged between 11-18 years old, and be a current student at the school or college they are representing.
- 2.3 Each School / College team must have a minimum of 1 player in the team with a physical lower limb impairment.
- 2.4 A minimum of 1 player with a physical lower limb impairment must be on court in a wheelchair at all times throughout the match

*It is recommended that a minimum of 2 players within the squad have a physical lower limb impairment*

- 2.5 Schools / Colleges are encouraged to have students with both physical and learning difficulties in their team.
- 2.6 To be eligible for the IZB National Finals, Schools / Colleges must meet the criteria set out in Regulation 2.3.
- 2.7 To be eligible to play in the IZB National Finals, students must have played in their Regional Round unless the school / college has received a bye due to no Regional Final taking place.

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### **Section 3. Competition Format**

- 3.1 The 2019-20 IZB Competition will be split into two rounds; Regional Finals and a National Finals.

#### **Regional Finals**

- 3.2 BWB will host Regional Finals in the following Regions:

North West  
North East  
Yorkshire  
West Midlands  
East Midlands  
East  
London  
South East  
South West

**\*All dates for Regional Finals are TBC and will be confirmed in due course. All Regional Finals will take place in November 2019.**

- 3.3 Entries permitting, each Regional Final will be two Pools with cross over Semi-Finals and Final to determine the over winner and qualifier for the National Finals. BWB reserves the right to amend the format of each Regional Round once entries have been confirmed.
- 3.4 In the event that only one school / college enters a Regional Final, the Regional Final will be cancelled with the school / college being offered a bye into the National Finals.
- 3.5 BWB will send out Regional Finals information to all entered teams no less than 7 days prior to the Regional Finals Date.

#### **National Finals**

- 3.6 BWB will host the IZB National Finals on Tuesday 4<sup>th</sup> March 2020 at David Ross Sports Village, University of Nottingham, Nottingham, NG7 2RD.

### **Section 4. Equipment & Kit**

- 4.1 BWB will provide match balls for all Regional and National Finals. No warm-up balls will be provided.
- 4.2 The Molten GG6X composite basketball is the official game ball for the 2019-20 IZB Competition.

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4.3 Players must wear matching kit. This comprises of matching school / college t-shirts / vests or other appropriate sportswear.

4.4 All players must wear tracksuit bottoms, trousers or shorts of a uniform colour. Players wearing jeans will not be allowed to play.

## **Section 5. Officials**

5.1 Where possible, three qualified referees will be appointed by the BWB Referee Appointment's Officer for all Regional Finals.

5.2 The Regional Round must go ahead even if there is only 1 available referee.

5.3 School / College staff may be asked to table official matches when not playing if the number of officials is low.

5.4 All appointed Officials must wear the most up to date BWB Officials kit for all BWB appointed fixtures.

5.5 BWB will appoint qualified referees and table officials for the National Finals

## **Section 6. Game Rules**

### **Game length**

6.1 Matches in the Regional and National Finals will be 2 halves of 8 minutes

6.2 There will be a running clock in each match

- In the last minute of each half, the clock will stop for time outs, substitutions and free throws

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- 6.3 There will be a 1 minute break between halves.
- 6.4 Stop clock will be used in the last two minutes of the Final and Bronze match
- The clock will be stopped by the referee if the ball goes out of bounds, there is a 'held ball', substitutions or violations.

### Scoring targets

- 6.5 Schools / colleges will have the option of using the full sized baskets (10ft) and tripod basket (to be boxed to avoid goal tending) prior to the start of the match. The referee will ask each team to confirm whether they wish to use the tripod basket prior to the start of the match.

#### Full sized baskets (10ft)

- 2 points inside 3 point line
- 3 points outside 3 point line

#### Tripod basket

- 1 point
- Only those who do not have the physical capacity to shoot in the 10ft basket are allowed to score in the tripod basket. Only one player per team is permitted to shoot into the tripod basket.

### Fair play

- 6.6 Players will be given a personal foul or will be instantly fouled out of the game for rough or dangerous play. The opinion of the referee will decide the extent of the punishment.
- 6.7 Players may not impede or attempt to defend a player with the ball by reaching into an adjacent zone.
- Where a player's momentum unavoidably takes them across a zone marking, no violation is given provided this action in no way influences the play
  - Running game players must shoot from their own zone.

### Starting and re-starting the game

- 6.8 The game is started with a 'tap-off' involving one player from each team within the centre circle. Any player may take the tap-off and return to their designated playing zone.
- 6.9 The players may tap the ball twice after the referee has tossed the ball to reach the highest point.
- 6.10 Neither of these players may catch the ball nor touch it again until it has touched the floor or another player.

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### **Alternating possession**

- 6.11 Teams will alternate in taking possession of the ball on every held-ball situation.
- 6.12 The team that does not gain possession from the tap-off will be first to start the alternating possession process.

### **Scoring**

- 6.13 All players may shoot for a basket.
- 6.14 The ball must pass through each zone during the team's offence before a basket may be attempted.
- 6.15 A shot attempt is defined as the ball hitting either the basket, rim or the backboard.
- 6.16 If a shot is attempted and the team in offence gain the rebound their offence continues, they do not have to pass the ball through each of the zones to shoot again.
- 6.17 One point is awarded for scoring a free throw.
- 6.18 Players unable to shoot in the 10ft ring must notify the referee prior to the match. These players are the only players that will be able to shoot in the tripod basket.
- 6.19 Able bodied players in the running zone can take lay-ups providing that when they land in the middle zone, it is a safe environment to do so and the ball has been released at the time of landing. It is at the referee's discretion as to whether it is a safe environment to perform a lay-up.

*\*A safe environment is classed as having no wheelchair users within the close proximity of the players landing.*

### **Team play**

- 6.20 All players attack and defend
- 6.21 The ball is not permitted to 'skip' a pass between the wing zones over the central zone. This will result in a turnover of possession.
- 6.22 Full court press is not permitted. If the defensive team turn over the ball, the attacking team must retreat to their half before applying pressure on the ball. Failure to do so will result in a foul and a side line ball for the opposition at the half way line.

### **Out of bounds**

- 6.23 When a team causes the ball to go out of bounds it shall be put in by a player of the opposing team by passing.

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6.24 No opposing player may be within 1 metre of the in-bounding player

6.25 From a side line in-bound pass the ball will be passed in to the central zone.

#### **Time limitations**

6.26 A player who gains control of a live ball in their back court must advance the ball into its front court within 8 seconds.

6.27 An offensive player may not remain in the opponents 'key' area for longer than 3 seconds.

6.28 Stop clock will be used in the last two minutes of Semi-Final, Bronze medal and Gold medal games if timings allow, and is down to the discretion of the Tournament Director.

- The clock will be stopped by the referee if the ball goes out of bounds, there is a 'thumb ball' or if there is a foul.
- The clock will not be stopped for a basket unless the referee indicates otherwise.

#### **Back court violation**

6.29 A team in possession of the ball may not cause the ball to return into its back court. This violation will result in the opponents being awarded an inbound side line

#### **Progressing with the ball/travelling**

6.30 A player in control of the ball may move in any direction, but may not take more than two pushes of the wheelchair wheels without bouncing, passing or shooting the ball. This violation will result in the opponent being awarded an inbound side line ball from where the violation occurred.

- Braking or steering does not constitute a push

6.31 Power chairs players may advance with the ball on their lap/tray table for three seconds without dribbling the ball, or until they are stopped by an opponent being in their path.

6.32 Running game players play to the standard running game rules, and so must bounce the ball while moving. Any more than 3 steps without bouncing the ball on the floor shall be classed as traveling and a violation called.

#### **Double Dribble**

6.33 Running players may not:

- Dribble/bounce the ball with two hands
- Dribble. Stop. Dribble

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- 6.34 This violation will result in the opponent being awarded an inbound side line ball from the where the violation occurred.

### **Contact**

- 6.35 A player may not deliberately impede the movement of an opponent by holding, blocking or illegally screening. This is a foul, resulting in the opponents being awarded an inbound ball from where the foul occurred. A personal foul will be recorded against the player who committed the foul.

- It is the responsibility of players on court to control their chairs and not cause contact with another player, whereby that player is at a disadvantage.

### **Contact on a player in the act of shooting**

- 6.36 If a player is shooting and a foul is committed...
- If the shot scores...
    - the player is awarded 2 points for the basket, plus given a bonus unopposed shot from the designated free throw line
  - If the shot misses...
    - The player is awarded 2 bonus unopposed shots from the designated free throw line.

### **Free Throws**

- 6.37 The fouled player will take the free throw, with all other players behind the free throw line outside of the key in their respective zones.
- 6.38 After last shot no challenge will be made from the key regardless of the shot going in or not. Play will be restarted from the end line from the defending team.
- 6.39 Free throws in to tripod basket are for the designated players who are unable to reach 10ft basket.

### **Time-outs**

- 6.40 Teams are entitled to one time-out each of one minute during the game, to be taken whenever they wish

## Section 7. Protests and Appeals

### Protests

7.1 If a team believes its interests have been adversely affected by a decision of a game official, or any event whatsoever that took place during a game, it must proceed in the following manner;

- (a) At the moment the incident takes place, the next time the ball becomes dead and the game clock is stopped, the captain of the team shall make their observations to the referee in a calm and courteous manner.
- (b) The referee may explain the decision, or if necessary may examine the score sheet and check the score and playing time.

If the interruption exceeds 30 seconds, it shall be charged as a time out to the team in question, unless the referee decides otherwise.

7.2 In all fixtures, at the end of a game if a team considers that it has suffered unreasonable harm by virtue of any occurrence concerned with the game, with the exception of decisions made by the game officials, the captain of the team may sign the score sheet "under protest". This must be done within ten minutes of the end of the game. The referee shall ensure that they do not close the score sheet by signing it until the ten-minute period has elapsed. All game officials, and table officials, should remain at the disposal of the referee until they have signed the score sheet. If a team signs "under protest" it must adopt the following procedure to ensure that the protest is valid.

- (a) A written report must be received by BWB within 7 days of the game and include the fee of £100 made payable to British Wheelchair Basketball (refundable if protest is upheld).
- (b) All officials must send a report to BWB within 7 days of the game. The written reports should be factual. The matter will initially be judged by BWB who may seek advice from any person that may be able to assist.

### Appeals

7.3 Any decision made by BWB can be appealed. All appeals must be made [membership@britishwheelchairbasketball.co.uk](mailto:membership@britishwheelchairbasketball.co.uk) within 7 days of notification of the decision. The appeal fee of £150 (£100 returnable if upheld) must be paid to British Wheelchair Basketball at the time of submission. This sum comprises £100 fee, plus £50 to cover the travel expenses of the Independent Panel. Should the total for travel be less than £50 then the difference will be refunded.

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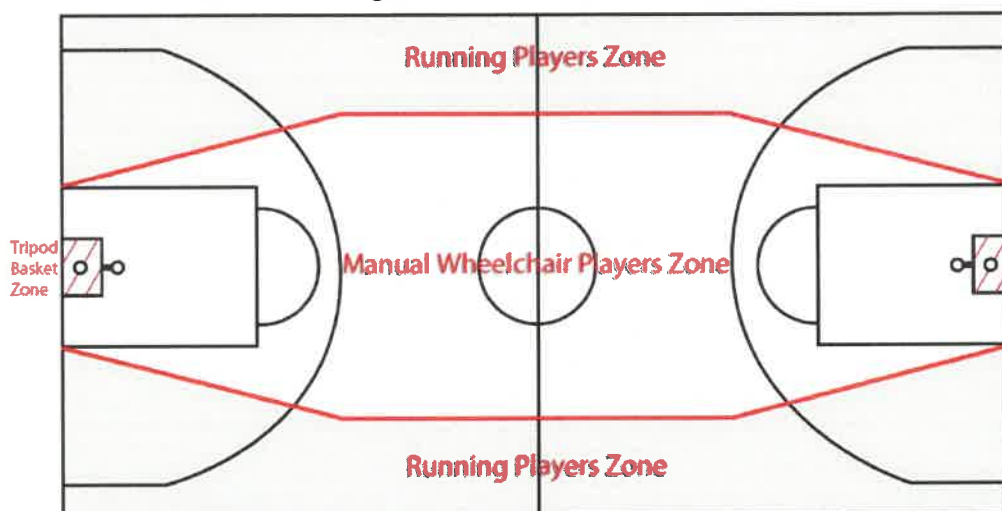


The appeal must be written and will be judged by the independent panel, (minimum of 3 persons), considered qualified to adjudicate who will be appointed by the Executive Committee.

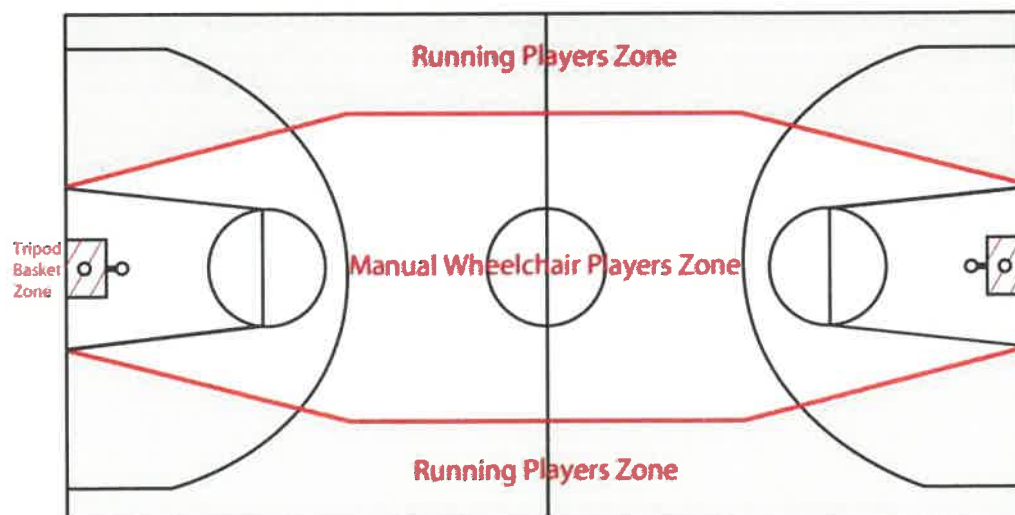
The result is final, and shall be notified to the appellant within seven days by BWB.

### Inclusive Zone Basketball Court Layouts

*IZB markings on new FIBA basketball court lines*



*IZB markings on old basketball court lines*



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*IZB Markings on the old basketball court lines*

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