



## Cystadlaethau Chwaraeon yr Urdd 2022-23

Rydym yn falch i allu rhannu gyda chi wybodaeth ynglŷn a gystadlaethau Chwaraeon yr Urdd 2022/23. Ar ôl weld nifer o gystadlaethau yn dychwelyd yn 2022, rydym yn edrych ymlaen at gynnig fwy i chi dros y flwyddyn ysgol nesaf. Welwch isod yr hyn sydd wedi'i cadarnhau hyd yn hyn:

	Cynradd	Uwchradd a Cholegau
Pêl-rwyd	Rhanbarthol   Cenedlaethol	Cenedlaethol   Talaith y Gogledd
Pêl-droed (Cymysg a Merched)	Rhanbarthol   Cenedlaethol	Cenedlaethol
Nofio	Wedi'i gohirio	
Rygbi 7 bob ochr	Rhanbarthol   Cenedlaethol	Cenedlaethol   Talaith y Gogledd
Rygbi Tag (Merched)	Rhanbarthol   Cenedlaethol	
Gymnasteg	Wedi'i gohirio	
Pêl-fasged 3x3		Talaith y Gogledd   Talaith y De
Criced	I'w gadarnhau	Talaith y De (Criced dan do)

### Cofrestru a rhagor o wybodaeth

I gofrestru ar gyfer cystadlaethau cynradd ac uwchradd ac er mwyn derbyn rhagor o wybodaeth, ewch i wefan yr Urdd: <https://www.urdd.cymru/cy/chwaraeon/cystadlaethau/>

Os ydych efo unrhyw ymholiadau pellach plis cysylltwch gyda ni gan ddefnyddio'r wybodaeth isod.

### **Urdd Sports Competitions 2022-23**

*We are delighted to be able to share with you information regarding the Urdd Sports Competitions for 2022/23. After we saw several competitions returning in 2022, we're now looking forward to offering you more in the next academic year. See below all that has been confirmed so far:*

	Primary	Secondary and Colleges
Netball	Regional   National	National   North Wales
Football (mixed and girls)	Regional   National	National
Swimming	Cancelled	
Rugby 7s	Regional   National	National   North Wales
Rugby TAG (girls)	Regional   National	
Gymnastics	Cancelled	
3x3 Basketball		North Wales   South Wales
Cricket	TBC	South Wales (Indoor Cricket)

### Registration and further information

To register for any of the above competitions and for further details please visit our website: <https://www.urdd.cymru/en/sports/competitions/>

If you have any questions whatsoever, please feel free to contact us using the details below.

### **Urdd Gobaith Cymru**

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