



Amserlen Gwersi Nofio

Lesson Timetable

Splash | Splash

16:00- 16:30

Ton | Wave 1 + 2

16:30 - 17:00

**Splash + Ton 3 | Splash
+ Wave 3**

17:00 - 17:30

Ton | Wave 1 + 4 & 5

17:30 - 18:00



C.H Bedwas | Bedwas L.C
Newport Rd, Bedwas,
CF83 8BJ

Am fwy o wybodaeth ac i gofrestru:

For more information and to register:

trystangwyn@urdd.org | 07813527294

Nofio@urdd.org

urdd.cymru/CofrestruChwaraeon | urdd.cymru/SportsRegistration

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