

Rhaid ymaelodi gyda'r Urdd i fynychu
Must be an Urdd member to attend
Aelodaeth £1 ar gael i'r rheiny sy'n derbyn cefnogaeth ariannol
£1 membership for those receiving income support



Chwaraeon

DE CYMRU
SOUTH WALES

GWERSI NOFIO YR URDD URDD SWIMMING LESSONS

Gwersi Nofio cyfrwng Cymraeg ar draws De Cymru ar gyfer bob oedran a gallu
Welsh language swimming lessons across South Wales for children of all ages and abilities

Hwb Seren Sblot | Splott Star Hub

CH Llantrisant | Llantrisant LC

CH Gorllewin | Western LC

CH Rhondda | Rhondda LC

CH Llanisien | Llanishen LC

CH Tyllgoed | Fairwater LC

CH Bedwas | Bedwas L.C

CH Dwyrain | Eastern LC

CH Maindy | Maindy LC

CH Y Barri | Barry LC

CH Penarth | Penarth LC

CH Tyllgoed | Fairwater LC

16:30 - 18:00

16:00 - 18:30

16:00 - 18:00

16:30 - 18:30

17:00 - 18:30

17:30 - 19:00

16:00 - 18:00

16:00 - 18:30

18:20 - 19:20

16:00 - 18:30

16:00 - 17:30

08:00 - 09:00

Dydd Llun | Monday

Dydd Llun | Monday

Dydd Mawrth | Tuesday

Dydd Mawrth | Tuesday

Dydd Mercher | Wednesday

Dydd Mercher | Wednesday

Dydd Mercher | Wednesday

Dydd Iau | Thursday

Dydd Iau | Thursday

Dydd Gwener | Friday

Dydd Gwener | Friday

Dydd Sadwrn | Saturday

Mae taliadau ar gyfer gwersi nofio yn cael ei talu fesul bloc a gallwch ddarganfod gwybodaeth bellach trwy ymweld â gwefan yr Urdd.

Payment for swimming lessons are paid by direct debit, you can find further information regarding cost of lessons by heading over to the Urdd's website.

Llefydd cyfyngedig | Limited spaces



Mae croeso i nofwyr newydd ac mae rhestrau aros ar gael os mae gwersi yn llawn

New swimmers are welcome to join and waiting lists are available if lessons are full

Am fwy o wybodaeth ac i gofrestru:

For more information and to register:

nofio@urdd.org | 02922 405339

urdd.cymru/CofrestruChwaraeon | urdd.cymru/SportsRegistration



Lleoliad Location	Wave Ton	Pris (Misol) Price (Monthly)
Hyb Seren Sblot Splott Star Hub CF24 2SJ	Sblash Splash 16:30 - 17:00 Ton Wave 1 16:30 - 17:00 Ton Wave 2 & 3 17:00 - 17:30 Ton Wave 4, 5, 6 ,7 + 8 17:30 - 18:00	£24.38
C.H Llantrisant Llantrisant L.C CF72 8DJ	Sblash Splash 16:00 - 16:30 & 16:30 - 17:00 Ton Wave 1 & 2 16:00 - 16:30 & 16:30 - 17:00 & 17:00 - 17:30 Ton Wave 3 & 4 & 5 17:30 - 18:00 Ton Wave 3, 4, 5, 6, 7, 8 18:00 - 18:30	£22.50 **rhondda.courseprogress.co.uk/ onlinejoining/home er mwyn cofrestru to register **
C.H Gorllewin Western L.C CF5 5HJ	Sblash Splash 16:00 - 16:30 & 16:30 - 17:00 Ton Wave 1 16:00 - 16:30 & 16:30 - 17:00 Ton Wave 2 17:00 - 17:30 Ton Wave 3 17:30 - 18:00	£25
C.H Rhondda Rhondda L.C CF41 7SY	Ton Wave 1 16:30 - 17:00 & 17:00 - 17:30 Ton Wave 1, 2, 3, 4 17:30 - 18:00 Ton Wave 4, 5, 6, 7 18:00 - 18:30	£22.50 **rhondda.courseprogress.co.uk/ onlinejoining/home er mwyn cofrestru to register **
C.H Tyllgoed Fairwater L.C CF5 3LL	Sblash Splash 17:45 - 18:15 Ton Wave 1 17:45 - 18:15 Ton Wave 2, 3 + 4 18:15 - 18:45 Ton Wave 5, 6, 7 + 8 18:45 - 19:15	£25
C.H Llanisien Llanishen L.C CF14 5EB	Ton Wave 4, 5, 6 + 7 17:00 - 17:30 Ton Wave 1 + 2 17:30 - 18:00 Ton Wave 3 18:00 - 18:30	£25
C.H Bedwas Bedwas L.C CF83 8BJ	Sblash Splash 16:00 - 16:30 & 17:00 - 17:30 Ton Wave 3 16:00 - 16:30 & 17:00 - 17:30 Ton Wave 1 & 2 16:30 - 17:00 & 17:30 - 18:00 Ton Wave 4 & 5 - 16:30 - 17:00 & 17:30 - 18:00	£24.33
C.H Dwyrain Eastern L.C CF3 4DN	Sbalsh Splash 16:00 - 16:30 Ton Wave 1 16:30 - 17:00 Ton Wave 2 + 4 17:00 - 17:30 Ton Wave 3 + 5 17:30 - 18:00 Ton Wave 6, 7 + 8 18:00 - 18:30	£25
C.H Maendy Maindy L.C CF14 3AJ	Sblash Splash 18:20 - 18:50 Ton Wave 3, 4 + 5 18:20 - 18:50 Ton Wave 1 & 2 18:50 - 19:20 Ton Wave 6, 7 + 8 18:50 - 19:20	£25
C.H Barri Barry L.C CF63 4JJ	Ton Wave 1 16:00 - 16:30 Ton Wave 2 16:30 - 17:00 Ton Wave 3 + 5 17:00 - 17:30 Ton Wave 4 + 6 17:30 - 18:00 Ton Wave 7 + 8 18:00 - 18:30	£22
C.H Penarth Penarth L.C CF64 2NS	Sblash Splash 16:00 - 16:30 Ton Wave 1 16:30 - 17:00 Ton Wave 2 17:00 - 17:30	£22
C.H Tyllgoed Fairwater L.C CF5 3LL	Sblash Splash 08:00 - 08:30 Ton Wave 3, 4 + 5 08:00 - 08:30 Ton Wave 2 & 6 , 7 + 8 08:30 - 09:00	£24.38