

Sesiwn 3 – Gala Nofio Cenedlaethol yr Urdd (Uwchradd) – 27/01/2019. Ymdwymo 09:00, Dechrau 10:15
Session 3 – Urdd National Swimming Gala (Secondary) – 27/01/2019. Warm Up 09:00, Start 10:15

Cystadleuaeth 35. Bechgyn Bl. 7-8 Rhydd
Event 35. Boys Yr. 7-8 Freestyle

Lôn	Enw/Name	Rhanbarth/Region	Amser/Time
Rhagras 1 o 2 / Heat 1 of 2 Prelims			
1	Kremers, Owain	Meirionydd	1:26.65
2	Owen, Huw	Ynys Môn	1:17.66
3	Anderson, Ellis	Conwy	1:15.66
4	Lewis, Cemlyn	Maldwyn	1:11.32
5	Williams, Ethan	Dwyrain Myrddin	1:14.27
6	Winstone, Evan	Caerdydd A'R Fro	1:16.31
7	Bowen, Ifan	Goll Myrddin	1:24.34
8	Owen, Gruffydd	Eryri	1:27.84

Rhagras 2 o 2 / Heat 2 of 2 Prelims			
1	Ardern, James	Sir Benfo	1:08.32
2	Jones, Dafydd	Ceredigion	1:06.67
3	Rosser, Dewi	Gwent	1:04.82
4	Jones, Carwyn	Cy Morgannwg	1:01.70
5	Geysen Holley, Max	Morgannwg Ga	1:02.40
6	Leckonby, Dairhys	Goll Morgannwg	1:05.59
7	Young, Alex	Dinbych	1:07.91
8	Eaton Sawford, Kier	Fflint a Wrecsam	1:11.12

Cystadleuaeth 36. Bechgyn Bl. 9-10 Rhydd
Event 36. Boys Yr. 9-10 Freestyle

Rhagras 1 o 2 / Heat 1 of 2 Prelims			
1	Maynard, Oliver	Meirionydd	1:25.97
2	Gwynne Jones, Dylan	Ceredigion	1:04.68
3	Jones, Lloyd	Cy Morgannwg	1:03.71
4	Show, Cameron	Conwy	1:02.38
5	Weston, Gruffydd	Goll Myrddin	1:03.22
6	Andrews, Rory	Sir Benfo	1:03.72
7	McCluskey, Deri	Maldwyn	1:08.81
8	Irwin, Rowan	Brych a Maesyfed	1:29.69

Rhagras 2 o 2 / Heat 2 of 2 Prelims			
1	Hummel, Alex	Eryri	1:01.78
2	Hughes, Cian	Gwent	1:00.56
3	Morgan, Dylan	Dwyrain Myrddin	59.78
4	Park, James	Dinbych	59.25
5	Ernest, Noah	Caerdydd A'R Fro	59.47
6	Greenway, Morgan	Goll Morgannwg	59.96
7	Powell, Sam	Fflint a Wrecsam	1:01.76
8	Salmon, Carwyn	Morgannwg Ga	1:02.22

Cystadleuaeth 37. Bechgyn Bl. 11-13 Rhydd
Event 37. Boys Yr. 11-13 Freestyle

Rhagras 1 o 2 / Heat 1 of 2 Prelims			
1	Manning, Joshua	Conwy	1:33.14
2	Rowlands, Morgan	Dinbych	1:19.50
3	Williams, Thomas	Cy Morgannwg	1:03.13
4	Jones, Kyran	Gwent	1:01.63
5	Thomson, Morgan	Caerdydd A'R Fro	1:01.78
6	McEvoy, Ben	Ceredigion	1:12.25
7	Edwards, James	Maldwyn	1:20.25

Rhagras 2 o 2 / Heat 2 of 2 Prelims			
1	Webb, Jac	Sir Benfo	1:00.53
2	Southam, Jac	Dwyrain Myrddin	1:00.00
3	Jones, Joshua	Goll Myrddin	59.19
4	Preece, Alex	Goll Morgannwg	58.16
5	Chan, Cameron	Fflint a Wrecsam	59.09
6	Grundy, Liam	Eryri	59.82
7	Selby, Morgan	Morgannwg Ga	1:00.13

Cystadleuaeth 38. Merched Bl. 7-8 Rhydd
Event 38. Girls Yr. 7-8 Freestyle

Rhagras 1 o 2 / Heat 1 of 2 Prelims			
1	Williams, Cadi Swyn	Ynys Môn	1:20.53
2	Jones, Angharad	Meirionydd	1:17.00
3	Morgan, Lisa	Eryri	1:11.75
4	Davies, Ffion Ceinwen	Cy Morgannwg	1:11.10
5	Lloyd, Jessica	Dinbych	1:11.29
6	Phillips, Rhianna	Dwyrain Myrddin	1:11.78
7	Irwin, Willow	Brych a Maesyfed	1:19.58
8	Metcalfe, Branwen	Conwy	1:28.06

Rhagras 2 o 2 / Heat 2 of 2 Prelims			
0	Baylis, Sophie	Goll Morgannwg	1:10.15
1	Gaca, Saoirse	Maldwyn	1:09.19
2	Faulkner, Marie	Morgannwg Ga	1:07.50
3	Morgan, Elen	Ceredigion	1:07.03
4	Broder, Libby	Gwent	1:04.62
5	Patterson, Millie	Goll Myrddin	1:05.59
6	Brassington, Sophie	Caerdydd A'R Fro	1:07.47
7	Rushforth, Katie	Fflint a Wrecsam	1:08.05
8	Krol, Sophie	Sir Benfo	1:09.69

Cystadleuaeth 39. Merched Bl. 9-10 Rhydd
Event 39. Girls Yr. 9-10 Freestyle

Rhagras 1 o 2 / Heat 1 of 2 Prelims			
1	Marshall, Hannah	Brych a Maesyfed	1:14.78
2	Williams, Efa	Ynys Môn	1:11.09
3	Jones, Poppy	Conwy	1:09.82
4	Williams, Ellie	Dinbych	1:07.53
5	Roberts, Nansi	Fflint a Wrecsam	1:07.79
6	Wood Jones, Seren	Cy Morgannwg	1:10.91
7	Jones, Jodie	Goll Myrddin	1:11.16
8	Jones, Esyllt Angharad	Meirionydd	1:18.65

Rhagras 2 o 2 / Heat 2 of 2 Prelims			
1	Omnet, Lauren	Sir Benfo	1:05.94
2	Stevens, Isobel	Gwent	1:05.03
3	Stokes, Aimee	Dwyrain Myrddin	1:03.69
4	Dickinson, Jessica	Goll Morgannwg	1:02.72
5	Davies, Cari	Ceredigion	1:03.63
6	Taylor, Eleanor	Maldwyn	1:04.66
7	Domican, Rosie	Caerdydd A'R Fro	1:05.66
8	Jones, Chloe	Morgannwg Ga	1:07.00

Cystadleuaeth 40. Merched Bl. 11-13 Rhydd
Event 40. Girls Yr. 11-13 Freestyle

Rhagras 1 o 2 / Heat 1 of 2 Prelims			
1	Goodridge, Alexandra	Meirionydd	1:19.07
2	Robins, Aaliyah	Maldwyn	1:12.82
3	Edwards, Eva	Goll Myrddin	1:09.49
4	Harding, Lucy	Sir Benfo	1:06.73
5	Lewis, Helen	Cy Morgannwg	1:09.14
6	Witchell, Bethan	Caerdydd A'R Fro	1:09.50
7	Gardner, Ava	Conwy	1:18.45
8	Roberts, Mia	Ynys Môn	1:33.19

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Nicholls, Jasmine	Goll Morgannwg	1:05.83	___
2	Norris, Alyssa	Gwent	1:05.25	___
3	Jenkins, Hannah	Morgannwg Ga	1:03.22	___
4	Maclennan, Hannah	Eryri	1:00.03	___
5	Simpson, Hannah	Fflint a Wrecsam	1:03.11	___
6	Jones, Mali Fflur	Dinbych	1:05.21	___
7	Neslon, Bethan	Brych a Maesyfed	1:05.78	___
8	Duckett, Ffion Ann	Ceredigion	1:06.25	___

Cystadlueaeth 41. Merched Rhydd 100m (NG) (NC)**Event 41. Girls 100m Freestyle (MC)****Rhagras 1 o 1 Terfynol / Heat 1 of 1 Finals**

1	#Inman, Evie P	Ceredigion	5:44.20	___
2	#Robinson, Emma P	Morgannwg Ga	2:59.31	___
3	#Jones, Lucy Ann P	Maldwyn	1:38.56	___
4	#LeConte, Seren P	Morgannwg Ga	1:16.44	___
5	#Rice, Lily P	Sir Benfo	1:24.34	___
6	#Moyse, Shannon P	Sir Benfo	1:52.66	___
7	#Richards, Pasha V	Goll Morgannwg	3:03.00	___

Cystadlueaeth 42. Bechgyn Bl. 7-8 Broga**Event 42. Boys Yr. 7-8 Breastroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Gilman, James	Conwy	1:52.69	___
2	Davies, Elis	Eryri	1:48.04	___
3	Banicau, Elima	Goll Morgannwg	1:35.94	___
4	Ashton, Wil	Maldwyn	1:34.75	___
5	Jones, Callum	Morgannwg Ga	1:35.72	___
6	Evans, Ioan	Ceredigion	1:42.50	___
7	Kremers, Owain	Meirionydd	1:51.22	___
8	Williams, Evan	Goll Myrddin	2:03.55	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Pugh, Gethin Tomos	Dwyrain Myrddin	1:34.63	___
2	Arderm, James	Sir Benfo	1:28.43	___
3	Rosser, Dewi	Gwent	1:25.88	___
4	Woodsford, Will	Caerdydd A'R Fro	1:24.16	___
5	Longworth, Ellis Marc	Dinbych	1:24.66	___
6	Lee, Tristan	Cy Morgannwg	1:26.28	___
7	Edwards, Brandon	Ynys Môn	1:33.38	___
8	Eaton Sawford, Kier	Fflint a Wrecsam	1:34.63	___

Cystadlueaeth 43. Bechgyn Bl. 9-10 Broga**Event 43. Boys Yr. 9-10 Breastroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Phillips, Cori	Brych a Maesyfed	1:57.75	___
2	McCarrick, Elliot	Ynys Môn	1:36.30	___
3	Marsden-Jones, Jamie	Maldwyn	1:26.06	___
4	Nixon, Rhys	Caerdydd A'R Fro	1:21.88	___
5	Gorman, Joseph	Ceredigion	1:22.19	___
6	Griffiths, William	Dinbych	1:34.97	___
7	Williams, Joshua	Gwent	1:56.94	___
8	Maynard, Oliver	Meirionydd	2:02.94	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

0	Salmon, Carwyn	Morgannwg Ga	1:21.53	___
1	Edwards, Liam	Goll Myrddin	1:18.50	___
2	Price, Samuel Mervyn	Fflint a Wrecsam	1:16.55	___
3	Gutierrez, Pierre	Eryri	1:15.31	___
4	Davies, Aneurin	Goll Morgannwg	1:10.59	___
5	Elkin, Max	Dwyrain Myrddin	1:13.88	___
6	White, Henry	Sir Benfo	1:16.06	___
7	Hall, Lewis	Conwy	1:18.11	___
8	Clement, Logan	Cy Morgannwg	1:19.33	___

Cystadlueaeth 44. Bechgyn Bl. 11-13 Broga**Event 44. Boys Yr. 11-13 Breastroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

2	Dunning, Luke	Dwyrain Myrddin	1:27.15	___
3	Jones, Finlay	Cy Morgannwg	1:23.41	___
4	Evans, Morgan	Ceredigion	1:21.84	___
5	John, Jac Fernandez	Morgannwg Ga	1:23.00	___
6	Hunt, Mitchell	Maldwyn	1:24.50	___
7	Clark, Mason	Conwy	1:28.50	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

2	Rickard Frost, Celyn	Caerdydd A'R Fro	1:18.16	___
3	Chan, Cameron	Fflint a Wrecsam	1:14.36	___
4	Barrett, Sean	Sir Benfo	1:12.97	___
5	Coppen, Jensen	Gwent	1:13.06	___
6	Dwyer, Will	Goll Morgannwg	1:16.69	___
7	Owen-Smith, Garth	Dinbych	1:19.34	___

Cystadlueaeth 45. Merched Bl. 7-8 Broga**Event 45. Girls Yr. 7-8 Breastroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Peevor, Izabella	Conwy	1:56.63	___
2	Mulford, Eleri	Cy Morgannwg	1:46.22	___
3	Welsby, Lily May	Ceredigion	1:37.07	___
4	Longman, Olivia	Eryri	1:32.68	___
5	Phillips, Rhianna	Dwyrain Myrddin	1:36.71	___
6	Davies, Sioned	Brych a Maesyfed	1:42.78	___
7	Williams, Cadi Swyn	Ynys Môn	1:49.59	___
8	Anthony, Sandie	Meirionydd	2:01.85	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

0	Owen, Elain Llwyd	Maldwyn	1:30.97	___
1	Hatfield, Alexandra	Fflint a Wrecsam	1:29.89	___
2	Faulkner, Marie	Morgannwg Ga	1:29.68	___
3	Lewis, Caera	Sir Benfo	1:22.98	___
4	Brassington, Sophie	Caerdydd A'R Fro	1:17.78	___
5	Burgess, Sienna	Goll Morgannwg	1:19.34	___
6	Bowen, Hanna	Goll Myrddin	1:23.38	___
7	Page, Lauren	Gwent	1:29.84	___
8	Hannant, Millie	Dinbych	1:29.91	___

Cystadlueaeth 46. Merched Bl. 9-10 Broga**Event 46. Girls Yr. 9-10 Breastroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Jones, Esyllt Angharad	Meirionydd	1:45.50	___
2	Davies, Kirsty	Goll Myrddin	1:37.76	___
3	Crocker, Jasmyn	Dwyrain Myrddin	1:34.33	___
4	Owen, Ela	Ynys Môn	1:28.82	___
5	Davies, Nansi	Dinbych	1:31.20	___
6	Jones, Isabelle	Gwent	1:34.60	___
7	Marshall, Hannah	Brych a Maesyfed	1:39.97	___
8	Stubbings, Emily	Conwy	1:50.42	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Thapa, Freya	Ceredigion	1:24.35	___
2	Higgins, Carys	Goll Morgannwg	1:22.88	___
3	O'Callaghan, Jennifer	Caerdydd A'R Fro	1:18.94	___
4	Martin, Molly	Fflint a Wrecsam	1:13.25	___
5	Jones, Seren Haf	Cy Morgannwg	1:18.85	___
6	Omnet, Lauren	Sir Benfo	1:21.75	___
7	Shinton, Laura	Maldwyn	1:23.71	___
8	Emilia, Jones	Morgannwg Ga	1:25.44	___

**Cystadleuaeth 47. Merched Bl. 11-13 Broga
Event 47. Girls Yr. 11-13 Breaststroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

2	Fowler, Claire	Maldwyn	1:51.16	___
3	Salter, Molly	Fflint a Wrecsam	1:45.95	___
4	Thomas, Morgan	Dwyrain Myrddin	1:34.81	___
5	Gardner, Ava	Conwy	1:43.36	___
6	Roberts, Mia	Ynys Môn	1:46.25	___
7	Roberts, Celyn	Cy Morgannwg	2:03.41	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Jones, Emily	Ceredigion	1:32.20	___
2	Casilao, Sian Louise	Dinbych	1:26.25	___
3	Hutchinson, Lili May	Caerdydd A'R Fro	1:20.84	___
4	Evans, Penny	Morgannwg Ga	1:16.38	___
5	Horton, Ellie	Gwent	1:20.81	___
6	Twigg, Louisa	Sir Benfo	1:21.38	___
7	Snyman, Sian	Eryri	1:26.50	___

**Cystadleuaeth 48. Bechgyn Bl. 7-8 Cefn
Event 48. Boys Yr. 7-8 Backstroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Owen, Jacob	Ynys Môn	2:00.18	___
2	Lewis, Cemlyn	Maldwyn	1:27.53	___
3	McLain, Archie	Gwent	1:25.57	___
4	Burns, Harry	Caerdydd A'R Fro	1:20.06	___
5	Anderson, Ellis	Conwy	1:20.57	___
6	Edwards, Dion Peris	Eryri	1:26.35	___
7	Priestley, Tom	Dinbych	1:32.41	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Jones, Dafydd	Ceredigion	1:19.61	___
2	Thomas, Rhys	Dwyrain Myrddin	1:17.86	___
3	Leckonby, Dairhys	Goll Morgannwg	1:15.63	___
4	Geysen Holley, Max	Morgannwg Ga	1:11.68	___
5	Sidney, Sam	Fflint a Wrecsam	1:13.86	___
6	Thomas, Dewi	Sir Benfo	1:15.97	___
7	Lee, Tristan	Cy Morgannwg	1:18.70	___

**Cystadleuaeth 49. Bechgyn Bl. 9-10 Cefn
Event 49. Boys Yr. 9-10 Backstroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Bialowas, Patryk	Brych a Maesyfed	2:40.00	___
2	Jones, Cayo	Goll Myrddin	1:16.78	___
3	Cameron, Ethan	Dinbych	1:14.08	___
4	Platt, Jake	Conwy	1:12.95	___
5	Hummel, Alex	Eryri	1:13.28	___
6	Isaacs, Tomos	Morgannwg Ga	1:15.25	___
7	Jones, Dyfrig	Maldwyn	1:32.84	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Ernest, Noah	Caerdydd A'R Fro	1:11.84	___
2	Collins, Tyler	Cy Morgannwg	1:09.22	___
3	Morgan, Dylan	Dwyrain Myrddin	1:08.78	___
4	Rodriguez, Antonio	Goll Morgannwg	1:04.16	___
5	Winn, Zac	Fflint a Wrecsam	1:05.24	___
6	Hughes, Cian	Gwent	1:09.19	___
7	Fitzsimmons, Arron	Sir Benfo	1:11.00	___
8	Gwynne Jones, Dylan	Ceredigion	1:12.73	___

**Cystadleuaeth 50. Bechgyn Bl. 11-13 Cefn
Event 50. Boys Yr. 11-13 Backstroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

2	Richards, Jamie	Goll Morgannwg	1:27.84	___
3	Lloyd, Rhys	Cy Morgannwg	1:16.11	___
4	Edwards, James	Maldwyn	1:14.03	___
5	Squires, Ciaran	Ceredigion	1:15.01	___
6	Hall, Joshua	Dinbych	1:18.00	___
7	Manning, Joshua	Conwy	2:03.53	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

2	Jones, Danny	Gwent	1:13.07	___
3	Murray, Adam	Caerdydd A'R Fro	1:06.53	___
4	Davies, Rhys	Sir Benfo	1:05.47	___
5	Hunt, Tobias	Morgannwg Ga	1:05.81	___
6	Jones, Joshua	Goll Myrddin	1:07.22	___
7	Dunning, Luke	Dwyrain Myrddin	1:13.29	___

**Cystadleuaeth 51. Merched Bl. 7-8 Cefn
Event 51. Girls Yr. 7-8 Backstroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Milligan, Ariana	Conwy	1:37.73	___
2	Williams, Efa Rhodd	Meirionydd	1:31.18	___
3	Wookey, Katie	Dwyrain Myrddin	1:24.56	___
4	Wright, Pippa	Morgannwg Ga	1:23.88	___
5	Derbyshire, Tegan	Dinbych	1:23.91	___
6	Irwin, Willow	Brych a Maesyfed	1:29.50	___
7	Williams, Elise	Cy Morgannwg	1:35.63	___
8	Jones, Non Fflur	Ynys Môn	1:38.00	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

0	Hellfield, Tilly	Eryri	1:22.22	___
1	Edwards, Catrin	Goll Morgannwg	1:19.59	___
2	Fischer, Kayleigh	Ceredigion	1:17.66	___
3	Wade Jones, Georgia	Fflint a Wrecsam	1:16.60	___
4	Stevens, Ruby	Caerdydd A'R Fro	1:14.85	___
5	Patterson, Millie	Goll Myrddin	1:15.84	___
6	Krol, Sophie	Sir Benfo	1:17.50	___
7	Jones, Cari	Maldwyn	1:19.40	___
8	Holmes, Bethan	Gwent	1:20.12	___

**Cystadleuaeth 52. Merched Bl. 9-10 Cefn
Event 52. Girls Yr. 9-10 Backstroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Rutherford, Bella	Conwy	1:51.72	___
2	Boucher, Grace	Ynys Môn	1:20.24	___
3	Domican, Rosie	Caerdydd A'R Fro	1:17.44	___
4	Clack, Lucy	Goll Myrddin	1:17.07	___
5	Crocker, Jasmyn	Dwyrain Myrddin	1:17.19	___
6	Watts, Non	Goll Morgannwg	1:18.18	___
7	Cope, Llinos	Cy Morgannwg	1:25.18	___
8	Aitken, Molly	Meirionydd	1:54.47	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Wynne, Joely Mai	Dinbych	1:16.15	___
2	Greenwood, Hannah	Sir Benfo	1:14.35	___
3	McGrath, Lucy	Eryri	1:13.09	___
4	Major, Scarlet	Gwent	1:08.57	___
5	Davies, Olivia	Fflint a Wrecsam	1:10.43	___
6	Marchant, Rhiannon	Morgannwg Ga	1:13.19	___
7	Taylor, Eleanor	Maldwyn	1:14.72	___
8	Evans, Lila	Ceredigion	1:16.21	___

**Cystadleuaeth 53. Merched Bl. 11-13 Cefn
Event 53. Girls Yr. 11-13 Backstroke****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

2	Cole, Mianjya	Conwy	1:39.96	___
3	Withers Boalch,	Caerdydd A'R Fro	1:16.81	___
4	Jenkins, Sarah	Morgannwg Ga	1:16.03	___
5	Jones, Mali Fflur	Dinbych	1:16.71	___
6	Harding, Lucy	Sir Benfo	1:22.90	___
7	Elli Jones, Cara	Ceredigion	2:10.11	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

2	Harries, Megan	Brych a Maesyfed	1:15.03	___
3	Conlon, Nia	Goll Myrddin	1:11.50	___
4	Maclennan, Hannah	Eryri	1:09.89	___
5	Morgan, Rebeca	Dwyrain Myrddin	1:11.09	___
6	Legg, Abbie	Gwent	1:14.72	___
7	Jones, Ffion	Goll Morgannwg	1:15.04	___

**Cystadleuaeth 54. Merched Cefn 100m (NG) (NC)
Event 54. Girls 100m Backstroke (MC)****Rhagras 1 o 1 Terfynol / Heat 1 of 1 Finals**

2	#Robinson, Emma P	Morgannwg Ga	3:23.19	___
3	#Letton-Jones, Ela V	Eryri	1:55.72	___
4	#LeConte, Seren P	Morgannwg Ga	1:32.37	___
5	#Rice, Lily P	Sir Benfo	1:35.22	___
6	#Moyse, Shannon P	Sir Benfo	2:04.19	___
7	#Inman, Evie P	Ceredigion	4:38.86	___

**Cystadleuaeth 55. Bechgyn Bl. 7-8 Pili Pala
Event 55. Boys Yr. 7-8 Butterfly****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Cramerotti, Corso	Conwy	2:08.09	___
2	Jones, Ioan Gruffydd	Ynys Môn	1:45.21	___
3	Gittins Turner, Teilo	Maldwyn	1:32.47	___
4	Thomas, Jac	Goll Morgannwg	1:26.38	___
5	Edwards, Dion Peris	Eryri	1:30.35	___
6	Mabbutt, Ioan	Ceredigion	1:40.47	___
7	Sparks, Harry	Goll Myrddin	1:52.10	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Fowler, Joseph	Morgannwg Ga	1:25.47	___
2	Thomas, Rhys	Dwyrain Myrddin	1:20.88	___
3	Parsons, Joseph	Caerdydd A'R Fro	1:17.12	___
4	Major, Sebastian	Gwent	1:09.79	___
5	Jones, Carwyn	Cy Morgannwg	1:12.08	___
6	Lightfoot, Aidan	Fflint a Wrecsam	1:20.06	___
7	Price, Toby	Sir Benfo	1:22.13	___
8	Jones, Lewis	Dinbych	1:25.63	___

**Cystadleuaeth 56. Bechgyn Bl. 9-10 Pili Pala
Event 56. Boys Yr. 9-10 Butterfly****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

2	Ingram, James	Gwent	1:27.47	___
3	Roberts, Harri Llew	Eryri	1:26.13	___
4	Berry, Ethan	Fflint a Wrecsam	1:15.77	___
5	Budd-Thomas, Dylan	Dwyrain Myrddin	1:25.59	___
6	Roberts, Deio Gruffydd	Ynys Môn	1:26.80	___
7	Williams, John	Conwy	1:42.60	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	North-Mullis, Oliver	Goll Myrddin	1:11.75	___
2	Collins, Tyler	Cy Morgannwg	1:11.06	___
3	Andrews, Rory	Sir Benfo	1:09.69	___
4	Rodriguez, Antonio	Goll Morgannwg	1:03.88	___
5	Arch, Rhyddian	Caerdydd A'R Fro	1:08.12	___
6	Leach, Owen	Morgannwg Ga	1:10.70	___
7	Jones, Finlay	Maldwyn	1:11.50	___

**Cystadleuaeth 57. Bechgyn Bl. 11-13 Pili Pala
Event 57. Boys Yr. 11-13 Butterfly****Rhagras 1 o 1 / Heat 1 of 1 Prelims**

0	Squires, Ciaran	Ceredigion	1:16.25	___
1	Speakmen, Zachariah	Conwy	1:09.72	___
2	Oates, Callum	Goll Morgannwg	1:06.01	___
3	Smart, Connor	Dwyrain Myrddin	1:04.15	___
4	Garland, Kieran	Morgannwg Ga	1:03.19	___
5	Barrett, Sean	Sir Benfo	1:04.10	___
6	Harries, Nathaniel	Dinbych	1:05.95	___
7	Wood Jones, Jac	Cy Morgannwg	1:06.22	___
8	Grundy, Liam	Eryri	1:12.19	___

**Cystadleuaeth 58. Merched Bl. 7-8 Pili Pala
Event 58. Girls Yr. 7-8 Butterfly****Rhagras 1 o 2 / Heat 1 of 2 Prelims**

1	Jones, Angharad	Meirionydd	1:41.25	___
2	Davies, Ffion Ceinwen	Cy Morgannwg	1:35.97	___
3	Smart, Charlotte	Dwyrain Myrddin	1:28.69	___
4	Hughes, Mari	Ynys Môn	1:26.44	___
5	Roberts, Emily	Goll Myrddin	1:28.55	___
6	Derbyshire, Tegan	Dinbych	1:29.31	___
7	Owen, Elain Llwyd	Maldwyn	1:36.03	___
8	Thompson, Francesca	Brych a Maesyfed	2:00.22	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Hatfield, Alexandra	Fflint a Wrecsam	1:21.39	___
2	Lewis, Lowri	Goll Morgannwg	1:20.31	___
3	Knowles, Amy	Sir Benfo	1:17.28	___
4	Broder, Libby	Gwent	1:13.63	___
5	Stevens, Ruby	Caerdydd A'R Fro	1:14.38	___
6	Gross, Seren Vaughan	Eryri	1:17.40	___
7	Morgan, Elen	Ceredigion	1:21.17	___
8	Gronow, Mia	Morgannwg Ga	1:22.69	___

Cystadleuaeth 59. Merched Bl. 9-10 Pili Pala
Event 59. Girls Yr. 9-10 Butterfly

Rhagras 1 o 2 / Heat 1 of 2 Prelims

1	Jones, Grace	Maldwyn	1:45.97	___
2	Clack, Lucy	Goll Myrddin	1:29.13	___
3	Jones, Poppy	Conwy	1:25.04	___
4	Dunning, Ffion	Dwyrain Myrddin	1:20.03	___
5	Jones, Katie	Ceredigion	1:20.87	___
6	Jones, Olivia	Cy Morgannwg	1:27.84	___
7	Beckett, Cerys	Brych a Maesyfed	1:35.91	___

Rhagras 2 o 2 / Heat 2 of 2 Prelims

1	Roberts, Nansi Glyn	Fflint a Wrecsam	1:16.44	___
2	Nicholas, Catrin	Morgannwg Ga	1:14.87	___
3	Langford-Jones, Louise	Dinbych	1:13.57	___
4	Morgan, Izzy	Caerdydd A'R Fro	1:17.59	___
5	Dickinson, Jessica	Goll Morgannwg	1:10.16	___
6	Teagle, Eilir	Gwent	1:13.94	___
7	Robinson, Frankie	Sir Benfo	1:16.18	___

Cystadleuaeth 60. Merched Bl. 11-13 Pili Pala
Event 60. Girls Yr. 11-13 Butterfly

Rhagras 1 o 1 / Heat 1 of 1 Prelims

0	Cole, Mianjya	Conwy	1:55.77	___
1	Roberts, Anya	Dwyrain Myrddin	1:16.25	___
2	Neslon, Bethan	Brych a Maesyfed	1:12.82	___
3	Owen, Leah	Goll Morgannwg	1:10.08	___
4	Nichollas, Megan	Morgannwg Ga	1:07.37	___
5	Roberts, Alice	Goll Myrddin	1:08.45	___
6	Lewis, Helen	Cy Morgannwg	1:12.56	___
7	Beynon, Bethan	Caerdydd A'R Fro	1:13.19	___
8	Geen, Cerys	Gwent	1:21.00	___
9	Jones Mayers, Isobel	Ceredigion	1:56.33	___

Cystadleuaeth 61. Bechgyn Bl. 7-8 Amrywiol Unigol
Event 61. Boys Yr. 7-8 Individual Medley

Rhagras 1 o 2 Terfynol / Heat 1 of 2 Finals

1	Bremaud Thomas, Iolo	Eryri	4:11.99	___
2	Roberts, Aidan	Ceredigion	3:20.55	___
3	Templeton, Arun	Goll Morgannwg	3:15.06	___
4	Murphy-Kenny, Dylan	Cy Morgannwg	3:01.63	___
5	Ashton, Wil	Maldwyn	3:08.56	___
6	Owen, Tomos	Ynys Môn	3:19.27	___
7	Roberts, Zac	Conwy	3:29.97	___

Rhagras 2 o 2 Terfynol / Heat 2 of 2 Finals

1	Powell Jones, Osian	Fflint a Wrecsam	2:56.71	___
2	John, Finley	Morgannwg Ga	2:54.82	___
3	Thomas, Dewi	Sir Benfo	2:50.72	___
4	Parsons, Joseph	Caerdydd A'R Fro	2:44.28	___
5	Major, Sebastian	Gwent	2:45.50	___
6	Pugh, Gethin Tomos	Dwyrain Myrddin	2:54.66	___
7	Longworth, Ellis Marc	Dinbych	2:56.22	___

Cystadleuaeth 62. Bechgyn Bl. 9-10 Amrywiol Unigol
Event 62. Boys Yr. 9-10 Individual Medley

Rhagras 1 o 2 Terfynol / Heat 1 of 2 Finals

1	Roberts, Deio Gruffydd	Ynys Môn	3:22.51	___
2	Weston, Gruffydd	Goll Myrddin	2:41.37	___
3	Coleridge, Jude	Ceredigion	2:39.17	___
4	Clement, Logan	Cy Morgannwg	2:36.83	___
5	Gutierrez, Pierre	Eryri	2:37.65	___
6	Hall, Lewis	Conwy	2:39.97	___
7	Jones, Finlay	Maldwyn	2:41.92	___

Rhagras 2 o 2 Terfynol / Heat 2 of 2 Finals

1	Arch, Rhydian	Caerdydd A'R Fro	2:32.75	___
2	Leach, Owen	Morgannwg Ga	2:27.81	___
3	Elkin, Max	Dwyrain Myrddin	2:24.89	___
4	White, Henry	Sir Benfo	2:21.75	___
5	Winn, Zac	Fflint a Wrecsam	2:23.76	___
6	Davies, Aneurin	Goll Morgannwg	2:25.38	___
7	Park, James	Dinbych	2:28.70	___

Cystadleuaeth 63. Bechgyn Bl. 11-13 Amrywiol Unigol
Event 63. Boys Yr. 11-13 Individual Medley

Rhagras 1 o 2 Terfynol / Heat 1 of 2 Finals

2	Evans, Morgan	Ceredigion	2:55.64	___
3	Jones, Finlay	Cy Morgannwg	2:36.75	___
4	Davies, Rhys	Sir Benfo	2:29.31	___
5	Williams, Osian	Goll Myrddin	2:36.47	___
6	Coppen, Jensen	Gwent	2:38.40	___
7	Owen, Carwyn	Maldwyn	2:58.44	___

Rhagras 2 o 2 Terfynol / Heat 2 of 2 Finals

2	Preece, Alex	Goll Morgannwg	2:27.25	___
3	Harries, Nathaniel	Dinbych	2:25.19	___
4	Garland, Kieran	Morgannwg Ga	2:21.25	___
5	Speakmen, Zachariah	Conwy	2:23.32	___
6	Smart, Connor	Dwyrain Myrddin	2:25.35	___
7	Murray, Adam	Caerdydd A'R Fro	2:28.44	___

Cystadleuaeth 64. Merched Bl. 7-8 Amrywiol Unigol
Event 64. Girls Yr. 7-8 Individual Medley

Rhagras 1 o 2 Terfynol / Heat 1 of 2 Finals

1	Williams, Efa Rhodd	Meirionydd	3:17.90	___
2	Higgs, Tirion	Ceredigion	3:08.09	___
3	Hughes, Mari	Ynys Môn	3:02.31	___
4	White, Seren	Morgannwg Ga	2:58.78	___
5	Boon, Lauren	Fflint a Wrecsam	3:02.06	___
6	Rush, Ella	Dwyrain Myrddin	3:04.44	___
7	Scannell, Blythe	Cy Morgannwg	3:09.60	___
8	Thompson, Francesca	Brych a Maesyfed	3:54.57	___

Rhagras 2 o 2 Terfynol / Heat 2 of 2 Finals

1	Hannant, Millie	Dinbych	2:56.44	___
2	Hellfield, Tilly	Eryri	2:50.81	___
3	Lewis, Caera	Sir Benfo	2:44.75	___
4	Burgess, Sienna	Goll Morgannwg	2:38.69	___
5	Iles, Georgina	Caerdydd A'R Fro	2:41.75	___
6	Bowen, Hanna	Goll Myrddin	2:47.83	___
7	Rose, Freya	Gwent	2:54.66	___
8	Taylor, Rhiannon	Maldwyn	2:58.63	___

Cystadleuaeth 65. Merched Bl. 9-10 Amrywiol Unigol
Event 65. Girls Yr. 9-10 Individual Medley

Rhagras 1 o 2 Terfynol / Heat 1 of 2 Finals

1	Beckett, Cerys	Brych a Maesyfed	3:26.72	___
2	Lewis, Medi	Maldwyn	2:57.19	___
3	Watts, Non	Goll Morgannwg	2:48.75	___
4	Davies, Cari	Ceredigion	2:44.36	___
5	Langford-Jones, Louise	Dinbych	2:48.75	___
6	Williams, Efa	Ynys Môn	2:55.63	___
7	Davies, Mari Grug	Goll Myrddin	3:08.75	___

Rhagras 2 o 2 Terfynol / Heat 2 of 2 Finals

1	McGrath, Lucy	Eryri	2:38.94	___
2	Stokes, Aimee	Dwyrain Myrddin	2:38.32	___
3	Jones, Seren Haf	Cy Morgannwg	2:36.25	___
4	Major, Scarlet	Gwent	2:27.66	___
5	Davies, Olivia	Fflint a Wrecsam	2:33.60	___
6	O'Callaghan, Jennifer	Caerdydd A'R Fro	2:39.37	___
7	Tarpey, Aoife	Morgannwg Ga	2:38.92	___
8	Thomson, Meg	Sir Benfo	2:41.03	___

Cystadleuaeth 66. Merched Bl. 11-13 Amrywiol Unigol
Event 66. Girls Yr. 11-13 Individual Medley

Rhagras 1 o 2 Terfynol / Heat 1 of 2 Finals

2	Barry, Eva	Gwent	2:57.16	___
3	Duckett, Ffion Ann	Ceredigion	2:53.56	___
4	Snyman, Sian	Eryri	2:48.25	___
5	Napper, Kaycee	Cy Morgannwg	2:51.94	___
6	Robins, Aaliyah	Maldwyn	2:54.25	___
7	Goodridge, Alexandra	Meirionnydd	3:38.65	___

Rhagras 2 o 2 Terfynol / Heat 2 of 2 Finals

2	Roberts, Alice	Goll Myrddin	2:43.84	___
3	Twigg, Louisa	Sir Benfo	2:38.87	___
4	Evans, Penny	Morgannwg Ga	2:33.00	___
5	Owen, Leah	Goll Morgannwg	2:34.59	___
6	Hutchinson, Lili May	Caerdydd A'R Fro	2:42.00	___
7	Morgan, Rebeca	Dwyrain Myrddin	2:45.44	___

Nofio Cymru

Mae Nofio Cymru a Swyddogion Nofio Prydain yn cefnogi Gala Nofio'r Urdd, bydd rheolau FINA a deddfau Nofio Cymru yn cael eu gweithredu yn ystod y gystadleuaeth.

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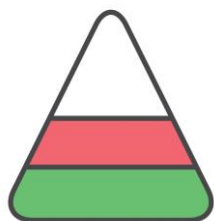
Gallwch ddefnyddio eich amseroedd ar gyfer Gala Genedlaethol Nofio Cymru, Ebrill 19-22 yn Abertawe. Os yw eich amser yn caniatáu i chi nofio yn y gystadleuaeth yma, cysylltwch efo events@swimming.org am fwy o wybodaeth.

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Urdd

Ein nod yw dod â'r Gymraeg yn fyw i bobl ifanc Cymru. Gwnawn hyn drwy ein gwerylloedd, Eisteddfodau, cylchgronau, Chwaraeon a gweithgareddau cymunedol. Ewch amdani gystadleuwyr! Mwynhewch!

Our aim is to bring the Welsh language to life for the children and young people of Wales. This is done through our centres, Eisteddfodau, magazines, sport and community projects. Go for it athletes! Enjoy!

DIOLCHIADAU /
 ACKNOWLEDGEMENTS

Y Cystadleuwyr /
 The Competitors

Prifysgol Aberystwyth /
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