

## RHEOLAU RYGBI TAG (Traeth) URDD WRU

**Oedran:** Blwyddyn 4, 5 a 6

**Gŵyl:** Nid yw'r wyl yn gystadleuaeth, mae'r pwyslais ar gymryd rhan a mwynhau.

**Manylion tîm:**

Saith bob ochr gydag uchafswm o 5 eilydd.

Mae Undeb Rygbi Cymru yn mynnu bod y ddua dîm yn rhoi'r un faint o chwaraewyr ar y cae bob amser.

**Trefn chwarae:**

Dwy hanner hyd at 10 munud o amser chwarae – uchafswm o 20 munud.

**Arwynebedd cae:**

50m (hyd) x 40m (lled) ar y mwyaf.

40m (hyd) x 30m (lled) ar y lleiaf.

**Maint pêl:**

3

Ni chaniateir cicio.

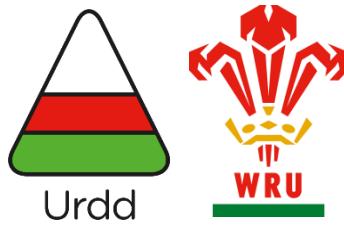
Ni fydd tafliad o'r llinell, yn hytrach bydd pas o 5 medr tu fewn i'r llinell adlam.

Ni fydd sgrymio.

Rhaid i'r chwaraewyr wisgo esgidiau i chwarae.

**RHEOLAU TAG:**

- Gêm i gychwyn gyda phas rydd
- Tîm sy'n ildio cais i ail-gychwyn y gêm
- 6 tag, yna troi'r meddiant drosodd i'r gwrthwynebwyr
- Rhaid i'r chwaraewr wedi ei dagio pasio'r bêl o fewn 3 eiliad o gael ei dagio
- Rhaid i'r taclwr ddychwelyd y tag i'r ymosodwr cyn parhau â'r chwarae. Bydd troseddu'n barhaol yn cael ei gosbi.
- Rhaid gadael a chamu ar y cae wrth y llinell hanner
- Rhaid tynnu dau dag a'u rhoi i'r eilydd sy'n dod ar y maes i'w gosod uwchben y gwregys cyn iddo/hi gael effaith
- Rhaid i'r eilyddion wisgo gwregys heb y tagiau
- Rhaid i chwaraewr gael dau dag cyn sgorio cais, ond os caiff tag ei dynnu wrth sgorio, caniateir y cais.
- Os bydd chwaraewr yn croesi'r llinell gydag un tag, bydd yn cael ei dynnu/thynnau'n ôl 5 medr o'r llinell gais gyda chyfri'r tag yn parhau.
- Rhaid aros ar y traed wrth sgorio cais
- Caniateir troelli oddi wrth gysylltiad gyda thaclwr
- Ni chaniateir '*hand-off*'
- Pas rydd am bob cosb (*penalty*)
- Anogir cydio yn y bêl gyda dwy law, ond nid yw'n rheol rygbi tag.



## Urdd WRU (Beach) TAG Rugby Rules

### **Ages:**

Years 4, 5 and 6

### **Festival:**

This is a non-competitive festival, where the emphasis is based on participation and fun.

### **Team details:**

Seven a side with a maximum of 5 substitutes.

The WRU requires that both teams shall field the same number of players throughout the game.

### **Periods of play:**

Two halves of up to 10 minutes playing time – maximum 20 minutes of play.

### **Playing area:**

50m (length) x 40m (width) maximum.

40m (length) x 30m (width) minimum.

### **Ball size:**

3

No kicking.

No line-outs, free pass from five metres in from the touch line instead.

No scrumming.

The players must wear shoes to play.

### **TAG RULES:**

- Game to start with a free pass
- Team conceding try to restart
- Six tags, ball is turned over to opposition
- Tagged player must play the ball (pass) within three seconds of being tagged
- Tackler must hand back the tag to the attacking player before continuing play, persistent infringement will result in the awarding of a penalty
- Players must leave and enter the field of play at the halfway touchline
- They must remove two tags and hand them over to substitute entering the field to place upon belt before replacement can effect
- Substitutes must wear tag belts but with no tags
- A player must have two tags before scoring a try, however if a tag is removed whilst scoring a try the try is awarded
- If a player crosses the line with one tag, he/she is brought back out five metres from the try line with the tag count continuing
- Players must stay on feet to score a try
- Spinning out of contact away from the tackler is allowed
- No hand-off allowed
- Free pass for all penalties
- Carrying the ball in two hands is encouraged but not a tag rugby rule