



Urdd WRU 7s **General Rules and Regulations**



1) Competition Order

Registration will open from 9:00am with games starting at 10:20, running through the day until 18:30. More information about timings will be put on our website or through the SOCS platform.

Games will be a maximum of 7 minutes per half with a maximum of a minute for half time. No additional time due to injuries will be added.

2) Draw – Different years have been grouped as they follow the same order

Boys Yr. 7, 8, 9

64 Teams competing – 16 Groups of 4

- 1st from each Group is through to the last 16 of the Cup
- 2nd from each Group is through to the last 16 of the Plate
- 3rd from each Group is through to the last 16 of the Bowl
- 4th from each Group is out of the competition

Boys Yr. 10

48 Teams competing – 12 Groups of 4

- 1st from each group through to the Cup mini-groups of 3, 1st in these mini-groups through to the Cup semi-finals
- 2nd from each group through to the Plate mini-groups of 3, 1st in these mini-groups through to the Plate semi-finals
- 3rd from each group through to the Bowl mini-groups of 3, 1st in these mini-groups through to the Bowl semi-finals
- 4th from each group out of the competition

Girls Yr.7, 8-9, 10-11 | Boys Yr.11, 12-13

40 Teams competing – 8 Groups of 5

- 1st and 2nd from each group through to the last 16 of the Cup
- 3rd and 4th from each group through to the last 16 of the Plate
- 5th from each group out of the competition

Girls Yr.12-13

20 Teams competing – 4 Groups of 5

- 1st and 2nd from each group through to the Cup Quarter Finals
- 3rd and 4th from each group through to the Plate Quarter Finals
- 5th from each group out of the competition

3) Points in the Group Stages

3 points for winning a game, 1 point for a draw, 0 points for a loss.

If teams are equal on points after all games are played the following guidelines will be followed. The order below shows priority.

- Points difference

*For mini-groups this points difference will be taken from the mini-group stages first, if teams are equal the points difference from the previous group stages will be used.

- Head-to-Head result between the teams

- Toss of a coin between the coaches

If a team withdraws from the competition before completing every game a bye will be given for every game played and to be played. This equates to a 21-0 win for the team still in the competition.

4) Final rounds results

The winner of a final round game will progress to the next round, the losing team will be out of the competition.

If a game is tied at the end of regulation time 'golden-try' will be played with one player being removed from each team every minute down to 1 player against 1. The team that scores first will progress to the next round.

If a team withdraws from the competition before playing a final round game a result of bye will be given for the game. The opposing team will progress to the next round.

5) Players

- A max of **14** players per team.

- Boys are eligible to play up one year group

- Girls are not permitted to play in a year group that does not include their school year.

- Girls in Yr.7 and Yr.8 are eligible to compete in the corresponding boys category.

- Federalised schools are not permitted to combine and produce a single team

- A player registration form must be filled out with player names and dates of birth before the competition. <https://bit.ly/UrddWRU7CofrestruTim>

- If a team cannot field 7 players to start a game the opposing team must field an equal number of players.

- If a player receives a yellow card during a game they will be off the pitch for 2 minutes

-If a player receives a red card during a game they will be off the pitch for the remainder of the game and will not be allowed to take part in the remainder of the competition*

*This can be appealed after the game in which the offence occurred

6) Substitutions

-There are no restrictions on number of substitutions, changes can be made during any break in play

-If a player is substituted because of a head injury they must be assessed by the on-site First aiders before being allowed to play again. It is the teacher's responsibility to ensure that players are assessed.

7) Payment

-Payment of £120 must be made at least a fortnight before the start of the competition.

-Schools are eligible to receive a refund of £10 for each player already registered with the Urdd prior to the competition up to a maximum of £120. To claim this refund please contact chwaraeon@urdd.org after the competition.

8) Refereeing

-Referees will be appointed by the WRU.

-The referee's decision is final. Disrespectful behaviour towards staff or referees could lead to the team being disqualified from the competition. Read more about the Urdd's code of conduct here: <https://bit.ly/CodYmddygiad>

-Referees will rate teams 'fair play' after every game. The team with the highest fair play score after the group stages will be awarded with a trophy.

-All teams must provide a member of staff to act as a line referee for their games.

9) Scoring

-Referees will score games. Both coaches must sign off on the score card after each game.

-All Girls and Boys categories will need to take a drop-kick for conversions

-The results from each game will be uploaded to our results system SOCS. All schools can follow the competition through this programme.

10) Medical

-Players should be aware that taking part in sports competitions brings with it a risk of injuries. We ask that teams bring basic first aid supplies with them such as plasters or sports tape.

-The Urdd will ensure that professional first responders and sports therapists are present at the event to attend and assess any injuries or medical emergencies. It is the teacher's responsibility to ensure that these services are utilised, and any health concerns are addressed.

-Teams should contact the Urdd mentioning any relevant health conditions of people attending the event.

-The referee is permitted to prevent players from playing if they are worried for their safety.

11) Photography and Live Streaming

-The Urdd must be made aware of any pupil(s) who do not want to have their photo taken. More information is available on The Urdd's Photography Policy:

https://www.urdd.cymru/files/8716/5761/7930/Telerau_Ac_Amodau_2022-23.pdf

-Pitch 1 will be livestreamed on Urdd platforms. Please contact chwaraeon@urdd.org if you do not wish for your team to be on this livestream.

12) General

-It is the coach's responsibility to ensure their teams are by the pitch on time to play.

-The event will take place in a public area. It is the teacher's responsibility to ensure the children under their care behave respectfully. We ask that all rubbish is put in the bins provided on the site.

-Players are permitted to use the Pontcanna fields changing rooms. There will be separate changing rooms for girls and boys. **A responsible adult must be always present with players in these changing rooms.**

-Size 4 balls: Boys & Girls Yr.7, Yr.8, Yr.9. | Size 5 balls: Boys & Girls Yr.10, Yr.11, Yr.12-13

13) Dress Code

- Players to wear appropriate boots, tied correctly in front of the tongue in the appropriate way. Studs will be checked by refs before games.

-No items of jewellery or sharp items in the hair are permitted to be worn apart from for medical reasons.

-We urge that all players use a gum-shield whilst playing.