



Chwaraeon

#ActifAdref Programme

Pre-school & Nursery

Reception to Year 2

Years 3 - 6

Monday

Story time through Sport

Time:
9:30 - 10:00

Netball Tots

Time:
16:00 - 16:45

Netball

Time:
17:00 - 18:00

Tuesday

Football Tots

Time:
13:30 - 14:00

Football

Amser:
16:00 - 16:45

Girls Football (Huddle)

Time: 17:00 - 18:00

Wednesday

Rygbi Bach

Time:
9:30 - 10:00

Rugby

Time:
16:00 - 16:45

Basketball

Time:
17:00 - 18:00

Thursday

Plantos Heini

Time:
13:30 - 14:00

Gymnastics Tots

Time:
16:00 - 16:45

Gymnastics

Time:
17:00 - 18:00

Friday

Story time through Sport

Time:
9:30 - 10:00

Rookie Lifesaving

Time:
16:00 - 16:45

Rookie Lifesaving

Time:
17:00 - 18:00

Join us in our series of live digital sports activity for Urdd members.

Let's get active!

Become a member of the Urdd: www.urdd.cymru/ymuno

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