



Cynllun Prentisiaethau  
Urdd Gobaith Cymru

Urdd Gobaith Cymru  
Apprenticeship Scheme

**Cefnogi Dysgu ac  
Addysgu Mewn  
Addysg Gorfforol a  
Chwaraeon Ysgol**

***Supporting  
the Delivery of  
Physical Education  
and School Sport***



Ariennir gan  
Lywodraeth Cymru  
Funded by  
Welsh Government

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## Beth yw'r cynllun?

Ydych chi'n sefydliad a hoffai ddatblygu eich gweithlu presennol? Neu ydych chi'n unigolyn sydd yn edrych am gyfleoedd newydd, a hynny **yn rhad ac am ddim**? Mae hi'n bleser gan yr Urdd i gynnig hyfforddiant cyfrwng Cymraeg i sefydliadau ledled Cymru drwy ein Cynllun Prentisiaeth, sydd wedi'i ariannu gan Lywodraeth Cymru. Gall staff ymgymryd â phrentisiaeth wrth barhau gyda'u dyletswyddau presennol ac mi fydd y sefydliad yn elwa o'r sgiliau ychwanegol ag enillwyd.

## What is the scheme?

*Are you an organisation that wants to develop your current workforce? Or an individual that's looking for new opportunities, **at no cost**? The Urdd are proud to provide Welsh medium or bilingual training for organisations across Wales through its Apprenticeship Scheme funded by the Welsh Government. Staff can undertake an apprenticeship whilst continuing with their current duties and the organisation would benefit from the additional skills that are developed.*



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## Y Rhaglen

### **Prentisiaeth Lefel 3 21 mis**

Mae'r rhaglen wedi'i chynllunio ar gyfer dysgwyr sydd am ddatblygu eu gwybodaeth a'u sgiliau er mwyn arwain y ddarpariaeth o raglenni chwaraeon yn eu hysgolion yn annibynnol. Mae'r cymhwyster yn sicrhau bod gan ddysgwyr yr wybodaeth, y sgiliau a'r hyder i ddylunio a chyflwyno rhaglenni addysg gorfforol a chwaraeon sy'n rhan o'r cwricwlwm a rhaglenni allgyrsiol diogel a chynhwysol.

Bydd y dysgwr yn cael blas o ddysgu ac addysgu o fewn ysgol wrth ddilyn y cwrs yma ac yn hytrach na chwblhau aseiniadau ar gyfer pob maen prawf, bydd mwy o brofiad ymarferol wrth arwain sesiynau a dysgu gan athrawon eraill o fewn yr ysgol.

Mae'n ofynnol i'r dysgwr gael mynediad rheolaidd i leoliad addysg a bod yn gweithio gyda phlant/pobl ifanc yn yr amgylchedd hwnnw. Byddant yn cael ei asesu drwy amrywiaeth o dulliau gan gynnwys arsylwadau, gwaith ysgrifenedig, sesiynau holi ac ateb a chasglu tystiolaeth.

## The Programme

### **Level 3 Apprenticeship 21 months**

*The programme is designed for learners looking to develop their knowledge and skills in order to independently lead the delivery of school sport programmes. The qualification ensures that learners have the knowledge, skills and confidence to design and deliver safe and inclusive curricular and extra-curricular physical education and sport programmes.*

*The learner will get a taste of learning and teaching within a school when following this course, and instead of completing assignments for each criterion, there will be more practical experiences through leading sessions and learning from other teachers within the school.*

*This qualification requires the learner to have regular access to an education setting and be working with children/young people within that environment and will be assessed through a variety of methods including observations, written work, question and answer sessions and gathering evidence.*







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## Cymwysterau

- Diploma NVQ mewn Darparu Gweithgaredd Corfforol a Chwaraeon o fewn Amgylchedd Yr Ysgol
- Tystysgrif Hawliau a Chyfrifoldebau Cyflogaeth Lefel 3
- Sgiliau Hanfodol (yn ddibynnol ar anghenion yr unigolyn)

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## Qualifications

- *NVQ Diploma in Delivering Physical Activity and Sport within the School Environment*
  - *Level 3 Employment Rights and Responsibilities (ERR)*
  - *Essential Skills (dependent on individual needs)*
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## I bwy?

Mae'r rhaglen yma yn berffaith ar gyfer unigolion sydd eisoes yn gweithio neu'n anelu i weithio mewn lleoliad addysg gorfforol a chwaraeon mewn ysgol fel:

- Hyfforddwyr Chwaraeon ysgol
- Cynorthwywyr dysgu
- Cynorthwywyr dysgu uwch
- Arweinwyr chwaraeon

## For who?

*This programme is perfect for individuals who are already working or aspiring to work in a physical education and school sport setting such as:*

- *School sports coaches*
- *Teaching Assistants*
- *Higher Teaching Assistants*
- *Sport Leaders*

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## Manteision

- Datblygiad proffesiynol parhaol
- Dysgu a datblygu wrth weithio
- Uwchsgilio staff
- Meithrin talent
- Hyfforddiant rhad ac am ddim
- Ar gael ar draws Cymu

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## Benefits

- *Continued professional development*
- *Learn and develop whilst working*
- *Upskill staff*
- *Nurture talent*
- *Free training*
- *Available across Wales*





## Manylion Cyswllt *Contact Details*



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