

Rhaid ymaelodi gyda'r Urdd i fynychu
Must be an Urdd member to attend
→ urdd.cymru/ymuno ←
Aelodaeth £1 ar gael i'r rheiny sy'n derbyn cefnogaeth ariannol
£1 membership for those receiving income support



Chwaraeon

CAERDYDD A'R FRO
CARDIFF & VALE

GWERSI NOFIO YR URDD URDD SWIMMING LESSONS

Gwersi Nofio cyfrwng Cymraeg ar draws Caerdydd a'r Fro ar gyfer bob oedran a gallu
Welsh language swimming lessons across Cardiff and The Vale for children of all ages and abilities

Hwb Seren Sblot | Splott Star Hub
CH Gorllewin | Western LC
CH Llanisien | Llanishen LC
CH Tyllgoed | Fairwater LC
CH Dwyrain | Eastern LC
CH Maindy | Maindy LC
CH Y Barri | Barry LC
CH Tyllgoed | Fairwater LC

16:30 - 18:00
16:00 - 17:30
17:00 - 18:30
17:45 - 19:15
16:00 - 18:30
18:20 - 19:20
16:00 - 18:30
08:00 - 09:00

Dydd Llun | Monday
Dydd Mawrth | Tuesday
Dydd Mercher | Wednesday
Dydd Mercher | Wednesday
Dydd Iau | Thursday
Dydd Iau | Thursday
Dydd Gwener | Friday
Dydd Sadwrn | Saturday

Mae taliadau ar gyfer gwersi nofio yn cael ei talu fesul bloc a gallwch ddarganfod gwybodaeth bellach trwy ymweld â gwefan yr Urdd.

Payment for swimming lessons are paid by direct debit, you can find further information regarding cost of lessons by heading over to the Urdd website.



Mae croeso i nofwyr newydd ac mae rhestrau aros ar gael os mae gwersi yn llawn

New swimmers are welcome to join and waiting lists are available if lessons are full

Llefydd cyfyngedig | Limited spaces

Am fwy o wybodaeth ac i gofrestru:

For more information and to register:

nofio@urdd.org | 02922 405339 / 07500 607409

urdd.cymru/CofrestruChwaraeon | urdd.cymru/SportsRegistration



UrddCaerdyddFro UrddCaerdyddFro UrddCaerdyddFro

Lleoliad Location	Wave Ton	Pris (Misol) Price (Monthly)
Hyb Seren Sblot Splott Star Hub CF24 2SJ	Splash Splash 16:30 - 17:00 Ton Wave 1 16:30 - 17:00 Ton Wave 2 + 3 17:00 - 17:30 Ton Wave 4, 5, 6 + 7 17:30 - 18:00	£22.75
C.H Gorllewin Western L.C CF5 5HJ	Splash Splash 16:00 - 16:30 Ton Wave 1 16:00 - 16:30 Splash Splash 16:30 - 17:00 Ton Wave 1 16:30 - 17:00 Ton Wave 2 17:00 - 17:30	£23.33
C.H Tyllgoed Fairwater L.C CF5 3LL	Splash Splash 17:45 - 18:15 Ton Wave 1 17:45 - 18:15 Ton Wave 2, 3 + 4 18:15 - 18:45 Ton Wave 5, 6, 7 + 8 18:45 - 19:15	£23.33
C.H Llanisien Llanishen L.C CF14 5EB	Ton Wave 4, 5, 6 + 7 17:00 - 17:30 Ton Wave 1 + 2 17:30 - 18:00 Ton Wave 3 18:00 - 18:30	£23.33
C.H Dwyrain Eastern L.C CF3 4DN	Splash Splash 16:00 - 16:30 Ton Wave 1 16:30 - 17:00 Ton Wave 2 + 4 17:00 - 17:30 Ton Wave 3 + 5 17:30 - 18:00 Ton Wave 6, 7 + 8 18:00 - 18:30	£23.33
C.H Maendy Maindy L.C CF14 3AJ	Splash Splash 18:20 - 18:50 Ton Wave 1 18:20 - 18:50 Ton Wave 2 18:50 - 19:20 Ton Wave 3, 4 + 5 18:50 - 19:20	£23.33
C.H Barri Barry L.C CF63 4JJ	Ton Wave 1 16:00 - 16:30 Ton Wave 2 16:30 - 17:00 Ton Wave 3 + 5 17:00 - 17:30 Ton Wave 4 + 6 17:30 - 18:00 Ton Wave 7 + 8 18:00 - 18:30	£20.33
C.H Tyllgoed Fairwater L.C CF5 3LL	Splash Splash 08:00 - 08:30 Ton Wave 1 08:00 - 08:30 Ton Wave 2 08:30 - 09:00 Ton Wave 3 + 4 08:30 - 09:00 Ton Wave 5, 6 + 7 08:30 - 09:00	£23.33