



Girls Rugby Tag

These rules have been taken from the WRU 'Pathways' 2022/23 handbook. For more info: <https://www.wrugamelocker.wales/en/player-pathway/u11/>

Ages: Years 5 and 6 (Year 4 is allowed to participate with parental consent)

General Instructions and Rules of the Competition

Each game should last no longer than 7 minutes per half

Group Game Points: **Win = 3 points. Draw = 1 Point. Loss = 0 Points**

-Group Winner: 1. Most points 2. Tries Scored 3. Tries Conceded

-If teams are still equal in the groups, the head-to-head result will be used before names will be pulled out of a hat.

-If there is a tied game in the final rounds, up to 3 additional minutes per half of extra time will be played before moving on to a maximum of 4 minutes of Golden Try

Playing area: 50m (length) x 40m (width) maximum.

40m (length) x 30m (width) minimum.

Ball size: 3

No kicking.

No line-outs, free pass from five metres in from the touch line instead. No scrumming.

TAG RULES:

- Game to start with a free pass
- Team conceding try to restart
- Six tags, ball is turned over to opposition
- Tagged player must play the ball (pass) within three seconds of being tagged
- Tackler must hand back the tag to the attacking player before continuing play, persistent infringement will result in the awarding of a penalty
- Rolling replacements, Players must leave and enter the pitch at the halfway touchline
- A player must have two tags before scoring a try, however if a tag is removed whilst scoring the try, the try is still awarded
- If a player crosses the line with one tag, he/she is brought back out five metres from the try line with the tag count continuing
- Players must stay on feet to score a try
- Spinning out of contact away from the tackler is allowed
- No hand-off allowed
- Free pass awarded for all penalties
- Carrying the ball in two hands is encouraged but not a tag rugby rule
- A yellow card will result in the player being sent off for 2 minutes
- A red card will result in the player being sent off and not being allowed to participate in the rest of the competition